

МІНІСТЕРСТВО ОСВІТИ І НАУКИ УКРАЇНИ
КАРПАТСЬКИЙ НАЦІОНАЛЬНИЙ УНІВЕРСИТЕТ
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КАФЕДРА АНГЛІЙСЬКОЇ ФІЛОЛОГІЇ

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THE MIDNIGHT LIBRARY

(by Matt Haig)

Student's book

**Навчально-методичний посібник для домашнього читання
англійською мовою для студентів 1 курсу**

Івано-Франківськ
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The Midnight Library (by Matt Haig). Student's book: Навчально-методичний посібник для домашнього читання англійською мовою для студентів 1 курсу: електронне видання. 2025., 67с.

Навчально-методичний посібник призначений для студентів 1 курсу, які вивчають англійську мову як основну іноземну мову і має на меті організувати заняття з домашнього читання англійською мовою та зацікавити студентів у читанні в оригіналі сучасну британську прозу. Посібник сприятиме кращому розумінню автентичного художнього тексту, розвитку аналітичного мислення, вдосконаленню навичок ведення дискусії та стилістичної інтерпретації тексту, знайомством з принципами художнього перекладу, розширенню світогляду внаслідок вивчення культурологічної інформації. Систематизований рівень складності завдань та наявність інтерактивних вправ дозволяє студентам прогресувати в навчанні.

Матеріали посібника розраховані на 20 аудиторних занять а також вправ для самостійної роботи.

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*Рекомендовано до друку
Вченою радою факультету іноземних мов
Карпатського національного університету
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Базів М.М., Гаврилишин А.В., Галярник А.Я., 2025

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ПЕРЕДМОВА

Навчально-методичний посібник “The Midnight Library” (by Matt Haig). Student’s book призначений для студентів першого курсу англійського відділення факультету іноземних мов. Цей посібник створений для сприяння розвитку навичок читання, перекладу, усного мовлення, а також для ознайомлення студентів із базовими принципами лінгвостилістичного аналізу художнього тексту.

Метою даного посібника є збагачення мовного запасу студентів, формування у них навичок читання, перекладу та усного мовлення, а також покрокове ознайомлення їх із основами лінгвостилістичного аналізу художнього тексту. Розвиток даних умінь забезпечує, у першу чергу, самостійне читання оригінального тексту художньої літератури з подальшим обговоренням в аудиторії під керівництвом викладача.

Посібник містить комплекс вправ до роману “The Midnight Library” Метта Гейга. Ці вправи спрямовані на перевірку розуміння тексту, розвиток словникового запасу, практику перекладу та усного мовлення, а також обговорення змісту роману, характеристик героїв і морально-етичних аспектів описаних подій.

Кожна розробка складається з 3 частин: Перед читанням – списки слів, словосполучень і виразів для вивчення й практики перед ознайомленням з текстом з QR кодами посилань на платформу Quizlet для відпрацювання нової лексики; Під час читання - групи вправ, спрямованих на перевірку розуміння тексту, уривки роману для здійснення літературного перекладу; Після читання - питання для обговорення змісту роману, характеристики героїв, описаних подій, їх морально-етичних аспектів.

Запропоновані у посібнику завдання спонукають студентів до критичного та аналітичного мислення у процесі вирішення життєво важливих етичних ситуацій. Осмислення цих аспектів життя, описаних у романі, наповнює процес навчання глибоким виховним змістом, сприяє формуванню правильної

життєвої позиції, розкриває лінгвостилістичні особливості аналізу роману в єдності його змісту і форми.

Посібник містить додатки для самостійної роботи студентів, включаючи теми для написання есе. Таким чином, методичний посібник спрямований на збагачення лексичної бази студентів, активізацію їх самостійного мислення, розвиток навичок перекладу та говоріння, формування іншомовної комунікативної компетентності, удосконалення навичок застосування граматики англійської мови, ознайомлення з елементами стилістичного аналізу та розвиток умінь написання есе.

INTRODUCTION TO THE BOOK

I. Getting to Know the Author.

Conduct research to find out biographical information about the author of the target novel – Matt Haig. Present your findings at the lesson. Answer the questions:

1. Is there anything surprising in the biography of the author?
2. What do you expect the book to be about?

II. Read the dedication and the epigraph of the book. Answer the questions:

*To all the health workers.
And the care workers.
Thank you.*

I can never be all the people I want and live all the lives I want. I can never train myself in all the skills I want. And why do I want? I want to live and feel all the shades, tones and variations of mental and physical experience possible in my life.

Sylvia Plath

1. Do you sense any connection between the biography of the author and this dedication?
2. What do you think about the mood of the epigraph – is it rather optimistic or pessimistic?

Write a one-page essay:

*“My Expectations Before Reading **The Midnight Library** by Matt Haig.”*

Take into account:

- The title
- Matt Haig’s biography
- Dedication and Epigraph

LESSON 1

A Conversation About Rain, The Man at the Door, String Theory

BEFORE READING

I. Scan the QR-code and get to know the vocabulary.



II. Find the definitions to these words, using a dictionary. Then create sentences with each of them:

- | | |
|-----------------------------|-----------------|
| 1. To stare at | 6. Audible |
| 2. To disguise | 7. Dilapidated |
| 3. To address sth | 8. Slovenly |
| 4. To be on sb's wavelength | 9. Perturbed |
| 5. To chase | 10. Pretentious |

III. Use the words from the previous task to fill the gaps:

1. Even though we just met, I feel like we're on the same _____ —we understand each other perfectly.
2. She couldn't help but _____ at the strange man who was wearing a winter coat in the middle of summer.
3. She looked visibly _____ when she realized her phone was missing.
4. He made a _____ speech about art, trying to sound more intelligent than he really was.
5. His _____ appearance shocked the guests at the formal dinner.
6. We need to _____ the issue of noise in the classroom before it becomes a bigger problem.

IV. Choose the correct word in each sentence:

1. His mood began to fester/flop down after weeks of being ignored by his colleagues.
2. She smiled, but her relieved/self-conscious expression gave away how anxious she truly was.
3. Their reactions were caught in a juxtaposition/corduroy between joy and disbelief.
4. I didn't want to say anything, but far be it from me/ to back up, maybe you should've asked before borrowing my car.
5. The atmosphere felt breezy/ominous, and I had the feeling something bad was about to happen.
6. She only gave a passable/impure performance, but the audience clapped politely.

V. Translate into English using new vocabulary:

1. Не хочу тебе підштовхувати, але, можливо, настав час реалізувати свою мрію.
2. Вона сиділа на сходах, злегка посміхаючись, в своєму картатому сарафані.
3. Це саме той фільм, що тобі сподобається — повністю у твоєму стилі.
4. Атмосфера в кімнаті була похмурою та тривожною — щось точно мало статися.
5. Вікна в будинку були розбиті, а сам будинок виглядав занедбаним.

WHILE READING

VI. Choose the correct answer:

- | | |
|---|---|
| 1. Who is Mrs Elm?
a) the librarian
b) the main character
c) Nora's boss | 5. Who told Nora about the cat's death?
a) Neil
b) Ash
c) Ravi |
| 2. What is the setting of the novel?
a) Hazeldene
b) Bedford
c) London | 6. What is Nora's major?
a) Philosophy
b) Linguistics
c) Music |
| 3. What is Nora's job?
a) glaciologist
b) swimmer
c) shop assistant | 7. Where does Nora work?
a) The Labyrinths
b) Slaughterhouse Four
c) String Theory |
| 4. What Nora was wearing the night her cat died?
a) corduroy pinafore dress
b) turtle-green polo neck
c) over-sized T-shirt and pyjama | 8. How long has she worked there?
a) 19 years
b) 27 years
c) 12 years |

VII. Answer the questions:

1. How old is Nora?
2. What is her cat's name?
3. When did Nora meet Ash for the first time? How was it?
4. Who is Ravi? What is his relationship with Nora's brother?
5. Why did Neil fire Nora?

VIII. Who is described in these passages? Translate them into Ukrainian

1. ... make-up free face, loose makeshift ponytail and the same secondhand green corduroy pinafore dress she had worn to work all week, garnished with a general air of tired despair...

2. ...looked up from his computer and leaned back in his chair. He joined his hands together and made a steeple of his index fingers, which he placed under his chin, as if he was Confucius contemplating a deep philosophical truth about the universe rather than the boss...
3. ...had short grey hair and a kind and mildly crinkled oval face sitting pale above her turtle-green polo neck. She was quite old. But she was also the person most on Nora's wavelength in the entire school, and even on days when it wasn't raining, she would spend her afternoon break in the small library.
4. He was tall and gangly and boyish, with a kind face, but his eyes were sharp and bright, like they could see through things.

AFTER READING

IX. Who said these sentences? What do they mean to you?

1. 'Pressure makes us, though. You start off as coal and the pressure makes you a diamond.'
2. 'A whole life in front of you.'

X. Answer the questions based on the chapters you read:

1. How would you describe Nora? Does she enjoy her life?
2. Every chapter you have read started with '... before she decided to die'. What is the point of saying it? What does it mean about Nora?
3. The book is named 'The Midnight Library' and the first chapter is set in the library as well. Do you have any ideas so far why 'Library' is so important?
4. What can you say about Nora's relationship with her family? Give proofs from the book.
5. Predict what will happen next.

XI. Can you relate to Nora's feelings of regret, pressure, or being lost?

What would you say to Nora if you were her friend?

Have you (or someone you know) ever felt like everything was going wrong at once?

How do you personally deal with stress or major setbacks?

LESSON 2

To Live Is to Suffer, Doors, How to Be a Black Hole, Antimatter

BEFORE READING

I. Scan the QR-code and get to know the vocabulary.



II. Find the definitions to these words, using a dictionary. Then create sentences with each of them:

- | | |
|------------------------|-----------------|
| 1. To feel for someone | 7. To retaliate |
| 2. To enthrall | 8. Trembling |
| 3. To prompt | 9. Petrified |
| 4. To be engrossed in | 10. In vain |
| 5. To strop | 11. Corny |
| 6. To shadow | 12. Brooding |

III. Rewrite the sentences using new words from the previous task:

1. He was so deeply involved in the novel that he didn't hear his phone ring.
2. After being told "no", he started throwing a tantrum and slammed the door.
3. I really felt sorry for her when she lost her job just before the holidays.
4. The movie ended with such a cheesy and predictable line, I rolled my eyes.
5. I searched the entire flat without success, hoping to find the missing keys.
6. He was shaking slightly as he approached the stage to give his first speech.
7. When the lights went out suddenly, she stood frozen in fear.
8. Her speech made me want to take action and finally apply for university.

IV. Choose the correct option:

1. We didn't plan anything—we just decided to ____ the old town and see what we'd find.
a) wander around b) retreat
2. She couldn't find her keys in the dark hallway and had to ____ in her bag for a few minutes.
a) fumble b) catch up
3. When we were at the concert, a group of people gathered at the ____ to buy drinks.
a) counter b) conveyor belt
4. The restaurant was so _____ we could barely hear each other speak over the noise and rushing waiters. a) hectic b) bleak
5. Don't just stand there and _____ at people—it's rude to stare like that!
a) gawp b) fumble
6. She always needs a little _____ when she's feeling down—maybe a kind word or some tea. a) intense b) consolation

V. Translate into English using new vocabulary:

1. Компанія вирішила вийти з проєкту після великої фінансової втрати.
2. Ми прямували до парку, коли почався дощ.
3. Вона нахилилася над прилавком і прошепотіла замовлення.
4. Тільки частка її страху була пов'язана зі сценою.
5. Вона була занадто слабка, щоб тримати чашку — її руки тремтіли.
6. Він нервово метушився, намагаючись знайти ключі в кишені.
7. Вона відмовилася терпіти його байдужість.

WHILE READING

VI. Are these statements true or false?

- | | |
|--|------------|
| 1. Nora's dad lives in Bedford | true/false |
| 2. Nora cancelled her wedding with Dan | true/false |
| 3. Nora was hiding in newsagent's so Dan couldn't find her | true/false |
| 4. Nora's dad used to read <i>National Geographic</i> | true/false |
| 5. Ravi is Nora's brother friend | true/false |
| 6. Nora hates <i>Coldplay</i> | true/false |
| 7. Nora was supposed to participate in the Olympics | true/false |
| 8. Nora is in her early 30s | true/false |
| 9. Nora's friend Izzy lived in Austria | true/false |
| 10. Henry David Thoreau is Nora's favourite actor | true/false |

VII. Answer the questions:

1. What was Nora's purpose in life?
2. Who is Leo? What does he do with Nora?
3. Who is Mr Banerjee? How did Nora help him?
4. What voicemail did Nora leave? Who was it addressed to?
5. Why did Nora write a letter to "Dear Whoever"?

VIII. Analyse these passages. Find similes and metaphors (look at the glossary at the end of this textbook). Translate these passages into Ukrainian:

1. Yet it was impossible to text anything else. Not because she didn't still feel for him, but because she did. And couldn't risk hurting him again. She'd ruined his life. My life is chaos, he'd told her, via drunk texts, shortly after the would-be wedding she'd pulled out of two days before.
2. Whole hours passed by. She wanted to have a purpose, something to give her a reason to exist. But she had nothing. Not even the small purpose of picking up Mr Banerjee's medication, as she had done that two days ago. She tried to give a homeless man some money but realised she had no money.

3. Nora imagined the ground opening up, sending her down through the lithosphere, and the mantle, not stopping until she reached the inner core, compressed into a hard unfeeling metal.
4. Old philosophy textbooks looked down at her, ghost furnishings from her university days, when life still had possibility. A yucca plant and three tiny, squat potted cacti. She imagined being a non-sentient life form sitting in a pot all day was probably an easier existence.

AFTER READING

IX. Analyse the phrases. What do they mean for you?

1. The town was a conveyor belt of despair.
2. She realised that's what she was. A black hole. A dying star, collapsing in on itself.
3. Nora's mind grew heavier at the idea...
4. We'd have been a meteor shower. Over before we started.
5. I think your problem was *life fright*.
6. The words took the air out of her.
7. 'I'm . . . between things.'
8. She was a waterfall of apologies. She was drowning in herself.
9. She was superfluous to the universe.
10. Something too uncomfortable to bear yet too strong to avoid.
11. Happy moments can turn into pain, given time.
12. There were no wrong notes on a piano.
13. She wasn't made for this life.

X. According to our analysis, what do you consider:

1. A belt of despair
2. A thing/an idea that can cause someone brain to grow heavier at
3. A meteor shower
4. A thing that can take the air out of someone
5. Too uncomfortable to bear yet too strong to avoid

XI. Read a sentence. Answer the questions:

She went on Instagram and saw everyone had worked out how to live, except her.

1. What does this sentence tell us about Nora's mindset at that moment?
2. Have you ever felt like everyone else had figured life out — except you?
3. Why do we believe that social media shows the full truth?
4. How can regular exposure to 'perfect lives' online affect our mental health?
5. Where is the line between inspiration and harmful comparison?

LESSON 3

00:00:00, *The Librarian, The Midnight Library, The Moving Shelves*

BEFORE READING

I. Scan the QR-code and get to know the vocabulary.



II. Match the definitions to these words. Then create sentences with each of them:

- | | |
|---------------------|--|
| 1. Pervasive | a) a long, narrow space between the rows of shelves |
| 2. Speck | b) sth has equal distances between them |
| 3. To emerge | c) arranged in a tidy way; in good order |
| 4. Aspiration | d) to discover exact details about something |
| 5. Intricate | e) a very small mark, piece |
| 6. Equidistant | f) present or noticeable in every part of a thing or place |
| 7. Circumstance | g) to appear |
| 8. Aisle | h) a fact or event that makes a situation the way it is |
| 9. In bafflement | i) to waste |
| 10. Multifarious | j) unable to understand or explain something |
| 11. To pin sth down | k) with many details arranged in a complicated way |
| 12. Neat | l) of many different types |
| 13. To squander | m) something that you hope to achieve |

III. Use the words from the previous task to fill the gaps:

1. Her main _____ was to travel the world, experience _____ cultures, and learn from them.
2. The design was so _____ that we spent hours admiring every tiny detail.
3. Due to unexpected _____, we had to postpone the trip.
4. She walked down the _____, trying to _____ the exact brand of coffee her friend mentioned.
5. The benches were placed _____, making the park feel balanced.
6. His anger was so _____ that it affected everyone in the room.
7. They had only one chance to succeed, but they managed to _____ it.
8. She stood _____, staring at the _____ of dirt on her otherwise _____ white blouse.

IV. Use the words from Quizlet and rewrite the sentences with new vocab:

1. The room was bright and decorated nicely
2. I tried to count the books but made a mistake.
3. The book had a soft green cover and was kept in good condition.

4. He walked around the field full of grass without a goal.
5. The woman looked at the wet road and tried to find something in her bag.
6. It's a very common style of writing.
7. The two roads separated and went different ways.

V. Translate into English using new vocabulary:

1. Ранковий туман огортав пагорби, роблячи все невидимим.
2. Він стояв під колонадою і рахував стовпи, щоб згаяти час.
3. Він обережно відкрив двері і увійшов у кімнату з високою стелею.
4. У її очах була строгість, коли вона точно вказала, що сталося.
5. Його не цікавили традиційні ідеї — він хотів злиття науки й мистецтва.

WHILE READING

VI. Choose the correct option:

1. In the afterlife Nora's watch was halted/working correctly.
2. The books in the library were of the grey/red/green colour.
3. The library felt really dusty/fresh with all those books.
4. All books were of the same size/ without authors and titles.
5. Nora was/wasn't able to touch the books in the library.
6. The books could show other people's life/other versions of Nora's life.
7. In that library Nora changed her mind about death/still wanted to die.
8. The shelves were stable and small/moving and endless.

VII. Answer the questions:

1. What was confusing for Nora as soon as she arrived to the library?
2. Who did Nora meet in the library?
3. What did Mrs Elm tell Nora that rainy afternoon when they played chess?
4. What was the day of Nora's "death"?
5. What book in this library did Nora write?

VIII. Translate these passages into Ukrainian

1. About the size of a church or a small supermarket. It had a stone facade, the same colouration as the pillars, with a large wooden central door and a roof which had aspirations of grandeur, with intricate details and a grand-looking clock on the front gable, with black-painted Roman numerals and its hands pointing to midnight. Tall dark arched windows, framed with stone bricks, punctuated the front wall, equidistant from each other.
2. The place was well lit, and the floor was light stone – somewhere between light yellow and camel-brown, like the colour of an old page... Aisles and aisles of shelves, reaching up to the ceiling and branching off from the broad

open corridor Nora was walking down. She turned down one of the aisles and stopped to gaze in bafflement at the seemingly endless amount of books.

3. 'Between life and death there is a library,' she said. 'And within that library, the shelves go on for ever. Every book provides a chance to try another life you could have lived. To see how things would be different if you had made other choices . . . Would you have done anything different, if you had the chance to undo your regrets?'
4. 'Every life contains many millions of decisions. Some big, some small. But every time one decision is taken over another, the outcomes differ. An irreversible variation occurs, which in turn leads to further variations. These books are portals to all the lives you could be living.'

AFTER READING

IX. Who said these sentences? What do they mean to you?

1. 'You have as many lives as you have possibilities. There are lives where you make different choices.'
2. 'Tissues are like lives. There are always more.'

X. Analyse the passage and answer the following questions:

It was a familiar feeling. This feeling of being incomplete in just about every sense. An unfinished jigsaw of a human. Incomplete living and incomplete dying.

1. What does it mean to feel "incomplete"?
2. What makes us feel "complete" as individuals?
3. Is there beauty in being "unfinished"?
4. How does the idea of "incomplete living" affect the way we see our mental health and self-worth?
5. If your life were a jigsaw puzzle, what would the big picture be?
6. What advice would you give someone who feels like "an unfinished jigsaw"?

XI. Answer Mrs Elm questions:

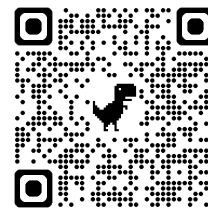
So, do you want to live a life you could be living? Do you want to do something differently? Is there anything you wish to change? Did you do anything wrong?

LESSON 4

The Book of Regrets, Regret Overload, Every Life Begins Now

BEFORE READING

I. Scan the QR-code and get to know the vocabulary.



II. Match the words to their definitions. Then create sentences with each of them:

<i>to skim through</i>	<i>to accumulate</i>	<i>quotidian</i>	<i>guilt</i>	<i>bold</i>	<i>cruel</i>
<i>to be immune to</i>	<i>to replicate</i>	<i>immense</i>	<i>to swarm</i>		<i>remorse</i>

1. _____ - extremely large in size or degree
2. _____ - ordinary
3. _____ - to read quickly in order to understand the main points
4. _____ - to make or do something again in exactly the same way
5. _____ - strong in colour or shape
6. _____ - extremely unkind and unpleasant and causing pain
7. _____ - to move in a large group
8. _____ - a feeling of worry because you've done something wrong
9. _____ - not affected by a particular type of behaviour or emotion
10. _____ - to gradually increase in number / to collect a large number
11. _____ - the fact of having done something wrong

III. Use the words from the previous task to fill the gaps:

1. Over the years, he began to _____ souvenirs from his travels.
2. He thought it was _____ to laugh at her during the presentation.
3. She tried _____ the article quickly before the meeting started.
4. After the concert, fans began _____ around the tour bus.
5. He spoke with deep _____ about the way he had treated his parents.
6. He loved writing about the _____ details of life—morning routines, quiet conversations, and the smell of coffee.
7. Celebrities often say they've learned _____ online hate.
8. An _____ amount of pressure was put on her after the promotion.

IV. Choose the correct option to fill in the gap:

1. The candlelight began to flicker/flash as the wind blew through the room.
2. The old bookstore had a subtle/quaint charm that made visitors feel like they'd stepped back in time.
3. He was so stuck at/carried away by the beauty of the mountains.
4. A soft humming sound began to emanate/fuse from the old machine.

5. The pain in her arm started to creep up/pass out slowly.
6. Her comment was so brusque/subtle that I didn't realize I was criticized.
7. His apology was full of contrition/blank — you could see how sorry he was.

V. Translate into English using new vocabulary from Quizlet:

1. Попри помилки, компанія все ще має значні перспективи на майбутнє.
2. Її жаль змішався з каяттям і випромінювалися з кожного слова.
3. Він нахилився назад, склав руки і майже знепритомнів від спраги.
4. Вона намагалася виправити свої колишні романтичні стосунки.
5. Її сміх виділявся з натовпу і був заразним.

WHILE READING

VI. Are these statements true or false?

- | | |
|--|------------|
| 1. <i>The Book of Regrets</i> recorded all Nora's regrets | true/false |
| 2. The chapters got shorter as the book progressed | true/false |
| 3. The longer chapter with regrets was at the beginning | true/false |
| 4. Izzy studied <i>Art History</i> | true/false |
| 5. Nora delayed the wedding because of her dad's death | true/false |
| 6. Each life Nora could choose will last only 1 day | true/false |
| 7. Staying between lives is dangerous for Nora | true/false |
| 8. A book with a new life for Nora was on the lowest shelf | true/false |

VII. Answer the questions:

1. Which Nora's regrets repeated on multiple pages?
2. Why some regrets were more in bold font while others barely visible?
3. What's Dan's dream?
4. What would happen if Nora decided to stay in another life?
5. What would happen if Nora wanted to return to the library?

VIII. Analyse these passages. Find metaphors (look at the glossary at the end of this textbook). Translate these passages into Ukrainian:

1. Though she had suggested that the date should be put back, it somehow never was, and Nora's grief fused with depression and anxiety and the feeling that her life was out of her own control. The wedding seemed such a symptom of this chaotic feeling, that she felt tied to a train track, and the only way she could loosen the ropes and free herself was to pull out of the wedding.
2. The power of all the regrets simultaneously emanating from the book was becoming agony. The weight of guilt and remorse and sorrow too strong. She leaned back on her elbows, dropped the heavy book and squeezed her eyes shut. She could hardly breathe, as if invisible hands were around her neck.

3. 'It can be subtle, but as soon as disappointment is felt in full, you'll come back here. Sometimes the feeling creeps up, other times it comes all at once. If it never arrives, you'll stay put, and you will be happy there, by definition.

AFTER READING

IX. Analyse the passages. What were they about? What did they mean?

1. Regrets ignore chronology. They float around.
2. A game where you grabbed the first person you could find when the music stopped.
3. To fear love is to fear life, and those who fear life are already three-parts dead.

X. Answer the question from the book:

Which decision would you like to undo?

XI. Let's create our Book of Regrets Growth. Complete the table:

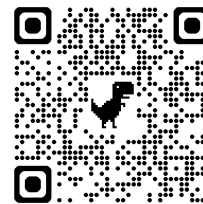
♥ <i>A Decision I'm Proud Of</i>	♥ <i>A Situation I Learned a Lot From</i>
♥ <i>A Strength I've Discovered About Myself</i>	♥ <i>A Hope or Goal for the Future Me</i>

LESSON 5

The Three Horseshoes, The Penultimate Update Nora Had Posted...

BEFORE READING

I. Scan the QR-code and get to know the vocabulary.



II. Find the definitions to these words, using a dictionary. Then create sentences with each of them:

- | | |
|-----------------|--------------------|
| 1. Uptight | 10. Fortnight |
| 2. Omen | 11. Abruptly |
| 3. Goose-bumps | 12. To hinge on |
| 4. To accompany | 13. To dwell on |
| 5. Solitary | 14. To hog |
| 6. Gait | 15. Superficiality |
| 7. To peek | 16. To reckon |
| 8. Array | 17. To fester |
| 9. Apprehensive | 18. Woozy |

III. Choose the correct option:

1. That horror movie gave me *gait* / *goose-bumps* all over my arms!
2. Would you like me to *accompany* / *hog* you to the station?
3. Her unusual *gait* / *omen* made it easy to recognize her from afar.
4. She felt *abruptly* / *apprehensive* before her job interview.
5. Her success will *hinge* / *dwell* on how well she performs today.
6. Stop trying to *reckon* / *hog* all the attention!
7. If you don't talk about your feelings, they might *fester* / *peek*.
8. We'll see each other in a *superficiality* / *fortnight*, don't worry!

IV. Fill in the gaps with the words from the box:

<i>Inheritance</i> <i>Trot</i> <i>Stillness</i> <i>Sporadic</i> <i>Creak</i> <i>Tipsily</i> <i>Passionate</i> <i>Purr</i>

1. The old stairs began _____ under his weight as he climbed up.
2. The pony began to _____ toward the child, gentle and steady.
3. The rain had been _____ all week—just a few drops here and there.
4. She danced _____, laughing and stumbling into chairs.
5. His family was waiting to divide the _____ after the funeral.
6. She was _____ about art that her eyes lit up every time she spoke about it.
7. The cat began to _____ softly as I scratched behind its ears.
8. We sat in complete _____, the only sound being the ticking of the clock.

V. Translate into English using new vocabulary from Quizlet:

1. Прохолодне сухе повітря і дрібний дощ зробили ранок свіжим.
2. Худорлявий хлопець не вагався вилізти на дерево.
3. Вона посміялась з цієї дивини і кивнула на знак згоди.
4. Чесно кажучи, його поведінка була дивною, але без перебільшення.
5. Той зарозумілий кухар хлистав вино так, ніби не міг напиться.
6. Ми зібралися, щоб розробити план встановлення нових жалюзі.
7. Вона полоскала горло, не знаючи, як воно буде поколювати потім.

WHILE READING

VI. Complete the gaps with the facts from the text:

1. Dan and Nora had a pub _____ Horseshoes.
2. There was a _____ in the pub that day.
3. Nora had _____ ring(s) on her ring finger.
4. She arrived in her new life at _____ a.m.
5. In that life Nora and Dan lived in _____.
6. The cat's name was _____.
7. Dan had a T-shirt with _____.
8. Nora was supposed to _____ when she went outside.
9. Izzy sent Nora pictures of _____.
10. Dan and Nora need to wait 1 month in order to _____.

VII. Answer the questions:

1. When did Dan tell Nora about his dream to own a pub?
2. Why would Dan mock Nora?
3. What did Nora's mum think of Dan?
4. Who was Erin?
5. How did Nora feel about that life? What did she like/dislike here?

VIII. Analyse these passages. Find alliteration and anaphora (check the glossary at the end of this textbook). Translate these passages into Ukrainian:

1. There was a small row of quaint stone terraced houses on the other side of the gently curving road. Quiet, old houses, with all their lights off, nestled at the edge of a village before fading into the stillness of the countryside. A clear sky, an expanse of dotted stars, a waning crescent moon. The smell of fields. The two-way twit-twoo of tawny owls. And then quiet again. A quiet that had a presence, that was a force in the air.
2. He'd had so many other aspects – he had been so lovely to her mum when she was ill, and he could talk at ease about anything, he was so full of dreams about the future, he was attractive and easy to be around, and he was

passionate about art and always stopped to chat to the homeless. He cared about the world. A person was like a city. You couldn't let a few less desirable parts put you off the whole. There may be bits you don't like, a few dodgy side streets and suburbs, but the good stuff makes it worthwhile.

AFTER READING

IX. Analyse the phrases. What do they mean for you?

1. 'True knowledge exists in knowing that you know nothing.' – Socrates
2. A person was like a city.
3. It seemed to require a Herculean effort
4. Everyone's lives could have ended up an infinite number of ways.
5. About focusing on where we want to go rather than where we have been.
6. I think you only appreciate me when you don't have me.

X. Did this life with Dan meet Nora's expectations?

1. Have you ever looked forward to something, but it turned out very different from what you expected?
2. Do you think it's okay to be disappointed sometimes? Why or why not?
3. Why do we sometimes build up high expectations in our minds?
4. What mindset can we practice to deal better with unmet expectations?

XI. Answer the question from Nora's post:

Do you ever think 'how did I end up here?' What makes you think like that?

Indicate your 5 key events/decisions on this time line:

I was born

Now



Now analyse these events:

1. Did you have any expectations before this decision/event?
2. Did reality meet your expectations? Why or why not?
3. How did this moment shape who you are or where you are now?
4. Are you happy with the outcome? Would you change anything?

LESSON 6

The Chessboard, The Only Way to Learn Is to Live, Fire

BEFORE READING

I. Scan the QR-code and get to know the vocabulary.



II. Find the definitions to these words, using a dictionary. Then create sentences with each of them:

- | | |
|-----------------------|--------------------------|
| 1. Vast | 8. Restrictive |
| 2. To rotate | 9. Merely |
| 3. To cut out for | 10. Instantaneously |
| 4. To be destined to | 11. To trade sth for sth |
| 5. To suffocate | 12. To adjust |
| 6. Manual | 13. Confirmation |
| 7. To be flooded with | 14. Vivid |

III. Fill in the gaps with the words from the previous task:

1. As soon as she hit “send,” a reply came back almost _____.
2. She had to learn how _____ to a new culture after moving abroad.
3. The Earth takes about 24 hours _____ once on its axis.
4. They decided _____ city life _____ a slower pace in the countryside.
5. He felt like the room had no air and that he was going _____.
6. In her dream, she had a _____ image of the ocean.
7. The manager asked for written _____ before processing the refund.

IV. Choose the correct option to fill in the gap:

1. The daze / tang of damp wood furniture made her wrinkle her nose.
2. The view was a cornucopia / corpse of colours—orange leaves, blue sky.
3. I couldn’t help but mutter / marvel at the sunset—it was like a painting.
4. I was devastated / comfy when I heard the news about the accident.
5. His bout / collision of the flu left him weak for days.
6. He gave me a warm smile that seemed full of purity / shavings.
7. His old jacket was so mouldy / comfy that he refused to throw it away.

V. Translate into English using new words from Quizlet:

1. Коли час вийшов, він лише знизав плечима, ніби це нічого не означало.
2. Ми побачили зграйку птахів, яка плавно ковзала в небі.
3. Він ледве встиг вдихнути, перш ніж почав задихатися через дим.
4. Він був звичайним чоловіком, але його голос мав якусь чарівність.

5. У очах з'явилася невимовна печаль, коли він вийшов на захаращену вулицю.

WHILE READING

VI. Choose the correct option:

1. When Nora returned to the library Mrs Elm was playing chess/working
2. Nora wanted a life where her cat was alive/always inside the flat.
3. In her second life she found Voltaire under the bed/on the road.
4. Mrs Elm knew/told Nora all the truth about each life in the library.
5. There is/isn't a life in the library where Nora is already dead.
6. Nora won only one/two races on National Junior Swimming Championships.
7. Nora found her address in Australia in Google/email.
8. In her social media, Nora posted her poems/her songs.
9. Nora said that Charlotte/Jojo was a conspiracy theorist.
10. Izzy died when she was on a ferry in the ocean/in car accident.

VII. Answer the questions:

1. What did Nora feel after she returned from the pub life?
2. How did Nora's cat die in her root life?
3. What happened with the Book of Regrets after she returned to the library?
4. Why were Chopin and Jane Eyre mentioned?
5. How did Nora feel in her 3rd possible life, in Australia?

VIII. Translate the passages into Ukrainian:

1. There was her yucca plant and her three tiny potted cacti, there were her bookshelves, with exactly the same mix of philosophy books and novels and untried yoga manuals and rock star biographies and pop science books. An old National Geographic with a shark on the cover and a five-monthold copy of Elle magazine, which she'd bought mainly for the Ryan Bailey interview. No new additions in a long time.
2. A swimming pool, but a salt-water one. Outdoor, beside the ocean. Carved seemingly out of the rock that jutted out of the coastline. She could see the actual ocean just beyond. There was sunshine overhead. The water was cool, but given the heat of the air above her the cool was welcome.
3. The thing she had once loved about swimming was the disappearing. In the water, her focus had been so pure that she thought of nothing else. Any school or home worries vanished. The art of swimming – she supposed like any art – was about purity. The more focused you were on the activity, the less focused you were on everything else. You kind of stopped being you and became the thing you were doing.

AFTER READING

IX. Analyse the sentences. What are they connected to in the text? What do you think about that?

1. People change
2. 'Want,' ... 'is an interesting word. It means lack. Sometimes if we fill that lack with something else the original want disappears entirely. Maybe you have a lack problem rather than a want problem.
3. The only way to learn is to live.
4. And death is the opposite of possibility.
5. You kind of stopped being you and became the thing you were doing
6. ONE EARTH = ONE CHANCE

X. Read the passage and answer the questions:

'And have you never walked into a room and wondered what you came in for? Have you never forgotten what you just did? Have you never blanked out or misremembered what you were just doing?'

Let's imagine that parallel lives exist. What our parallel lives could be?

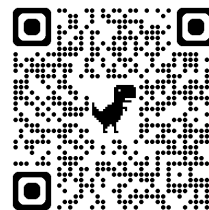
<i>Parallel Life</i>	<i>Where it takes place</i>	<i>Who you are and what you do</i>	<i>One key decision that changed everything</i>
Life 1			
Life 2			
Life 3			

LESSON 7

Fish Tank, The Last Update, The Successful Life, Peppermint Tea

BEFORE READING

I. Scan the QR-code and get to know the vocabulary.



II. Match the words to their definitions. Then create sentences with them:

wryly	outcome	to resemble	stamina	interminable	frustration
to thwart	to foresee	itinerary	to endorse	distant	to fester

- _____ - a result or effect of an action, situation
- _____ - continuing for too long and therefore boring or annoying
- _____ - when you find a bad or difficult situation slightly funny
- _____ - someone who does not show much emotion
- _____ - to continue, become worse and increase
- _____ - to stop something from happening
- _____ - strength to do something that might be difficult
- _____ - to look like or be like someone or something
- _____ - being annoyed or less confident as you can't achieve sth
- _____ - to predict, to know about something before it happens
- _____ - a detailed plan or route of a journey
- _____ - to make a public statement of your approval or support

III. Use the words from the previous task to fill the gaps:

- She _____ her sister so much that people always confuse them.
- No one can _____ the future, but we can plan our own _____ for it.
- The famous chef _____ the new kitchen knives in a commercial.
- Don't let small problems _____—talk about them before they grow.
- Rain _____ our picnic plans—we had to eat sandwiches in the car.
- The meeting felt _____—two hours of talking with no decisions made.
- Running a marathon takes serious _____, not just motivation.
- He smiled _____ when his suitcase broke—of course it did, on this trip.

IV. Choose the correct option

- He sat on his bed, in total wordlessness/vagueness not knowing what to say.
- The fish floated/ dart about from one corner of the tank to the other.
- Her emails were polite but clipped/jolly as she never wasted a single word.
- The apartment still had a semblance/ conviction of normal life—an open book, a half-drunk cup of tea.
- Even after the scandal, her lovely colleagues chose to tie down /stand by her.

6. He tried to *feign/mope around* calm, but his hands were shaking.
7. She was so nervous, she started to *puff/burst out* questions without thinking.

V. Translate into English using new vocabulary from Quizlet

1. Тоді я відчув справжній зв'язок і задумався про наші спільні наміри.
2. Він був сердитий і цокав язиком осудливо, коли ми згадали ту історію.
3. Вона постійно скаржиться і тому опиняється осторонь усіх рішень.
4. Кімната мала картаті штори і виглядала дуже дорого.
5. У нього тряслися руки, але він виступив з неабиякою гідністю.
6. Під час естафети я обігнав двох людей, попри відволікання уваги.

WHILE READING

VI. Are these statements true or false?

- | | |
|--|------------|
| 1. Mrs Elm compared Nora's life to a Fish Tank | true/false |
| 2. Nora decided to quit swimming when she was sleeping | true/false |
| 3. Nora's new life began an 6:30 a.m. | true/false |
| 4. In that life she was also friends with Izzy | true/false |
| 5. Nora had a Wikipedia page in that life | true/false |
| 6. In that life Joe had drinking issues | true/false |
| 7. Nora drank a lot of coffee in that life | true/false |
| 8. Ewan is Joe's neighbour | true/false |

VII. Answer the questions:

1. Who wanted Nora to become a swimmer?
2. What Nora did in her "successful" life after she retired?
3. Who was Nadia and how long had Nora's dad known her?
4. What was Joe's job in that version of Nora's life?
5. What happened with Nora's mom in that version of her life?

VIII. Analyse the passages and find repetition (check the glossary at the end of this textbook). Translate the passages into Ukrainian

1. Nora thought back. Her teenage combination of shyness and visibility had been a problematic mix, but she was never bullied, as such, probably because everyone knew her brother. And Joe, while never exactly tough, was always considered cool and popular enough for his most immediate blood relation to be immune to schoolyard tyranny.
2. She had been cross with him saying that. As if there was a very thin path to a happy life and it was the path he had decided for her. As if her own agency in her own life was automatically wrong. But what she didn't fully appreciate at fifteen years of age was just how bad regret could feel, and how much her father had felt that pain of being so near to the realisation of a dream he could almost touch it.

3. 'The rook is my favourite piece,' she said. 'It's the one that you think you don't have to watch out for. It is straightforward. You keep your eye on the queen, and the knights, and the bishop, because they are the sneaky ones. But it's the rook that often gets you. The straightforward is never quite what it seems.'
4. 'If you aim to be something you are not, you will always fail. Aim to be you. Aim to look and act and think like you. Aim to be the truest version of you. Embrace that you-ness. Endorse it. Love it. Work hard at it. And don't give a second thought when people mock it or ridicule it. Most gossip is envy in disguise. Keep your head down. Keep your stamina. Keep swimming . . .'

AFTER READING

IX. Analyse the sentences. What are they connected to in the text? What do you think about that?

1. Fish get depressed when they have a lack of stimulation. A lack of everything. When they are just there, floating in a tank that resembles nothing at all.
2. 'Librarians have knowledge. They guide you to the right books. The right worlds. They find the best places...'
3. '...And sometimes you have to try a few things before that becomes clear.'
4. 'The only way to learn is to live.'
5. Regrets don't leave. They weren't mosquito bites. They itch forever.
6. 'Never underestimate the big importance of small things.'
7. 'Disobedience is the true foundation of liberty. The obedient must be slaves.'

X. Analyse the question. Who said it?

'Well, then, what is success?'

Discuss these questions in groups:

1. Is success always about achieving something big, or can it be found in everyday things?
2. Can failure sometimes lead to success?
3. Do you think everyone's definition of success should be the same?
4. Imagine you meet your future self 10 years from now. What kind of person would you want to be — and would that version of you feel successful? Why?

LESSON 8

The Tree That Is Our Life, System Error, Svalbard, Hugo Lefèvre

BEFORE READING

I. Scan the QR-code and get to know the vocabulary.



II. Find the definitions to these words, using a dictionary. Then create sentences with each of them:

- | | |
|----------------|--------------------------|
| 1. To go blank | 7. Robust |
| 2. To lean | 8. To stiffen |
| 3. To beckon | 9. Troublesome |
| 4. Tentatively | 10. Eerily |
| 5. Baffled | 11. Tempting |
| 6. Scattered | 12. A smorgasbord of sth |

III. Choose the correct option to complete the gaps:

1. My mind went blank / leaned and I forgot everything I had planned to say.
2. He beckoned / leaned closer, as if he didn't want anyone else to hear us.
3. He knocked on the door tentatively / eerily, unsure if anyone was home.
4. I was completely baffled / scattered by the rules — nothing made sense.
5. His complaining made him a robust / troublesome guest to have around.
6. That last piece of cake looked tempting / stiffened even though I was full.
7. The hotel breakfast offered a robust / smorgasbord of dishes.

IV. Choose the words from the box to complete the sentences:

stubble	breezed through	spare	drowned out	concealed
translucent	meandering	short straw	earthy	

1. The train was so loud it _____ her voice completely - I couldn't hear her.
2. She just _____ the exam like it was nothing without cramming even.
3. The room was _____ and silent — just a bed, a chair, and a window.
4. He had an _____ sense of humor — honest, simple, and a bit unfiltered.
5. He hadn't shaved in days — his chin was rough with dark _____.
6. She _____ the letter under a stack of books before her mother could see it.
7. The curtain was _____, letting in light but hiding the view outside.
8. They spent the whole day _____ through the streets with no map.
9. He got the _____ and had to clean up after the party while everyone left.

V. Translate into English using new vocabulary from Quizlet

1. Раптом кімната вибухнула оплесками, а вона стояла біля кафедри, виглядаючи трохи розгубленою.
2. Вона підштовхнула його ліктем і подивилась на стіл з черствим житнім хлібом, оселедцем і грінками.
3. Вона затрималася біля проходу, її погляд блукав по кімнаті в пошуках знайомого обличчя.
4. Вона виглядала зацікавленою у зорях, і ми провели вечір дивлячись через ілюмінатор.

WHILE READING

VI. Complete the gaps with the facts from the text:

1. Nora was presenting after the author of the book _____.
2. Some strange stuff happened with Nora in _____.
3. Nora compared a life to a _____ in her presentation.
4. There was _____ in the audience during Nora's presentation.
5. Nora was a _____ of a system error.
6. There was a _____ calendar in Nora's cabin in her new life.
7. Ingrid decided to go to Svalbard because of her _____.
8. Nora met _____ people in the dining hall.
9. Nora made research about _____.
10. Nora was supposed to be a _____ in her next expedition.

VII. Answer the questions:

1. What was Nora's presentation at the conference about?
2. Why was Mrs Elm worried when Nora returned to the library?
3. What wasn't Nora able to control according to Mrs Elm?
4. Who was Ingrid and Hugo?

VIII. Analyse the passages and find personification and contrast (check the glossary at the end of this textbook). Translate the passages into Ukrainian:

1. She had never spoken to so many people simultaneously. Even when she had been in The Labyrinths, they had never played a gig for more than a hundred people, and back then she kept the talking between the songs as minimal as possible. Working at String Theory, although she was perfectly okay talking with customers, she rarely spoke up in staff meetings, even though there had never been more than five people in the room. Back at university, while Izzy always breezed through presentations Nora would worry about them for weeks in advance.

2. There was this coffee shop we used to go to, at the university. We'd just sit together, together but silent. Happy silent. Reading newspapers, drinking coffee. It was hard to avoid places like that. We used to walk around everywhere. His troublesome soul lingered on every street . . . I kept telling his memory to piss the fuck off but it wouldn't. Grief is a bastard. If I'd have stayed any longer, I'd have hated humanity.
3. Nora took all this in. Ingrid was clearly telling this to someone she thought she knew reasonably well, and yet Nora was a stranger. It felt odd. Wrong. This must be the hardest bit about being a spy, she thought. The emotion people store in you, like a bad investment. You feel like you are robbing people of something.

AFTER READING

IX. Who said these sentences? What do they mean to you?

1. It can drive you insane, thinking of all the other lives we don't live.
2. Actions can't be reversed within a lifetime, however much we try . . .
3. Because life is frightening, and it is frightening for a reason, and the reason is that it doesn't matter which branch of a life we get to live, we are always the same rotten tree.
4. Places are places and memories are memories and life is fucking life.'
5. When really success isn't something you measure, and life isn't a race you can win.
6. But the truth is that success is a delusion. It's all a delusion.

X. What was this sentence about: 'Life is full of strange phenomena.'?

Discuss these questions in groups:

1. What's the most surprising or unexpected thing that has happened to you recently? Would you call it a phenomenon?
2. Do you think strange events in life always need an explanation?
3. Have you ever met someone at exactly the right time — by chance? Would you call it a phenomenon?
4. What's something you've experienced that's hard to explain but you'll never forget?
5. Why do you think people sometimes wait for something "strange" or magical to happen before they start living fully?
6. Do you believe some things in life happen "for a reason"? Or do we just give them meaning later?
7. If you were to describe your life right now as a "phenomenon," how would you name it?

LESSON 9

Walking in Circles, A Moment of Extreme Crisis, The Frustration, Island, Permafrost

BEFORE READING

I. Scan the QR-code and get to know the vocabulary.



II. Find the definitions to these words, using a dictionary. Then create sentences with each of them:

- | | |
|---------------|----------------|
| 1. Ominously | 7. To crave |
| 2. Vulnerable | 8. Vicious |
| 3. Reckless | 9. Permafrost |
| 4. Endeavour | 10. Desperate |
| 5. Solitude | 11. To thaw |
| 6. To yearn | 12. Mediocrity |

III. Choose the correct option to complete the gaps:

1. The meat was frozen solid, but after an hour in the sink, it began to _____.
2. Without her jacket in the freezing rain, she felt completely _____.
3. Building the shelter with only a knife and rope was a real _____.
4. She looked at the photos and _____ to go back to that summer.
5. Even in summer, the ground stayed frozen — that's _____.
6. He _____ attention so much that he interrupted every conversation.
7. Their fight turned _____ — they said things they'd never forgive.
8. He was so _____ for help that he asked a stranger to call his parents.

IV. Choose the correct option to complete the gaps

1. The children were asleep when a bright red flare / rifle lit up the sky.
2. The jungle was teeming / foolproof with strange sounds and glowing insects.
3. The scientist spent two weeks doing velocity / fieldwork in the Arctic.
4. There was a quiet rivalry / toffee — no one spoke, but both wanted to win.
5. The surgeon adjusted her gloves and smoothed out her blue skerries / scrubs.
6. She felt the need to surpass / crave something — chocolate, cake, anything.
7. The old map showed the island's exact longitude / velocity and latitude.

V. Translate into English using new vocabulary from Quizlet

1. Ми пливли в човні повз самотню скелю і пришвартувалися біля берега.
2. Його голос був приглушений, але сповнений гіркоти та образи.
3. Ця ділянка суші була непридатною для життя через вічну мерзлоту.
4. Вона згорбилась над столом, п'ючи чай з термоса й слухаючи гуркіт.

5. Їхній човен повільно просувався вперед через повне риб море.

WHILE READING

VI. Are these statements true or false?

- | | |
|---|------------|
| 1. <i>Lance</i> was a name of the big ship Nora lived on. | true/false |
| 2. Nine scientists were working on the island plus Nora | true/false |
| 3. Bears are afraid of darkness. | true/false |
| 4. Not to freeze, Nora was supposed to jump and dance. | true/false |
| 5. Ash conducted a surgery for Nora's mom. | true/false |
| 6. Ash was from Kent. | true/false |
| 7. When Nora was scared of the bear she moved to the <i>Library</i> . | true/false |
| 8. Nora's parents were named <i>Dorra and Jeff</i> . | true/false |

VII. Answer the questions:

1. What was Nora supposed to do as a spotter?
2. What was Nora talking about with Ash during her mom's surgery?
3. Where are Nora's relatives (paternal/maternal) from?
4. Why did Nora recall her family history and origin?

VIII. Analyse the passages and find personification and metaphors (check the glossary at the end of this textbook). Translate the passages into Ukrainian:

1. There were surely lives where she was sitting beside a swimming pool in the sunshine right now. Lives where she was playing music, or lying in a warm lavender-scented bath, or having incredible third-date sex, or reading on a beach in Mexico, or eating in a Michelin-starred restaurant, or strolling the streets of Paris, or getting lost in Rome, or tranquilly gazing at a temple near Kyoto, or feeling the warm cocoon of a happy relationship.
2. 'If one advances confidently,' Thoreau had written in *Walden*, 'in the direction of his dreams, and endeavours to live the life which he has imagined, he will meet with a success unexpected in common hours.' He'd also observed that part of this success was the product of being alone. 'I never found the companion that was so companionable as solitude.'
3. The lonely mind in the busy city yearns for connection because it thinks human-to-human connection is the point of everything. But amid pure nature (or the 'tonic of wildness' as Thoreau called it) solitude took on a different character. It became in itself a kind of connection. A connection between herself and the world. And between her and herself.
4. Maybe that's what all lives were, though. Maybe even the most seemingly perfectly intense or worthwhile lives ultimately felt the same. Acres of disappointment and monotony and hurts and rivalries but with flashes of wonder and beauty. Maybe that was the only meaning that mattered. To be

the world, witnessing itself. Maybe it wasn't the lack of achievements that had made her and her brother's parents unhappy, maybe it was the expectation to achieve in the first place.

AFTER READING

IX. What are these sayings connected to? What do they mean to you?

1. physically *comfortable*
2. all humans were really just one of nine million species.
3. When you stay too long in a place, you forget just how big an expanse the world is.

X. Do you agree with that saying? Discuss it.

"the more people were connected on social media, the lonelier society became."

XI. Let's compare our online and offline existence a bit. Compare your ideas with your partner(s):

Statement	Online	Offline
I have more people I can talk to whenever I want.		
I feel like people really listen to me.		
I find it easier to make new friends.		
I can have deep, meaningful conversations.		
I have more friends there		
I feel more confident expressing myself here.		
I find peace and calm when I spend time here.		
I feel energized after spending time here.		

XII. Answer the questions:

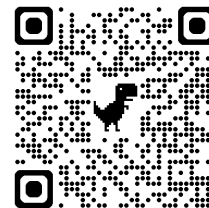
1. Can online connection ever replace face-to-face interaction? Why?
2. How can we use social media more meaningfully — to connect, not compare?
3. Is it possible to feel lonely in a crowded chat — but not alone in silence with a friend?
4. How do you feel after an hour online vs. an hour with someone in real life?
5. What's one small thing that makes someone feel truly connected — in person or online?

LESSON 10

One Night in Longyearbyen, Expectation, Life and Death, If Something Is Happening to Me

BEFORE READING

I. Scan the QR-code and get to know the vocabulary.



II. Match the words to their definitions. Then create sentences with them:

<i>encounter</i>	<i>to gauge</i>	<i>fulfilling</i>	<i>groundbreaking</i>	<i>austere</i>	<i>uneasy</i>
<i>to mansplain</i>	<i>amusing</i>	<i>ludicrous</i>	<i>urge</i>	<i>to simplify</i>	<i>bearable</i>

- _____ - to calculate an amount by using a measuring device
- _____ - original and important; showing a new way of sth
- _____ - to explain to someone as if they're stupid
- _____ - sth that can be accepted or dealt with it
- _____ - a meeting by chance
- _____ - to make something less complicated
- _____ - a strong wish, especially one that is difficult to control
- _____ - making you feel happy and satisfied
- _____ - entertaining and funny
- _____ - very simple, with only the necessary things
- _____ - slightly worried or uncomfortable
- _____ - stupid or unreasonable and deserving to be laughed at

III. Use the words from the previous task to fill the gaps:

- I had the _____ to laugh, even though the situation was clearly serious.
- We had an unexpected _____ with a bear while hiking in the woods.
- Her house was so _____ - white walls, no decorations, and one chair.
- The silence in the room made everyone feel slightly _____.
- She considered my concerns illogical and began to _____ everything.
- The presentation was so _____ I couldn't believe they expected us to take it seriously.
- His job isn't exciting, but at least it's _____ and pays the bills.

IV. Rewrite the highlighted parts with new vocabulary from Quizlet:

- Her voice didn't show any **clear opinion**, but her eyes **showed** fear and a **lack of confidence**.
- I was **a bit interested** by the **object that orbits a planet** images, though the scientist's **arrogant attitude** nearly ruined the whole presentation.
- He walked around the **dormitory quietly talking** to himself and looking at the walls, **thinking about** whether to hide his feelings.

4. She quickly washed with water the bowl, removed with a spoon the last of the ice cream bit, and gazed at the in a very detailed way carved design on the wall.
5. His voice was firm, almost emotionally distant, as he tried to comfort her with words he didn't truly believe.

V. Translate into English using new vocabulary from Quizlet:

1. У центрі всієї катастрофи була повна розруха.
2. Їх попередили про небезпеку, яка була неминучою.
3. Вони вирішили питання, але він залишався відстороненим.
4. У кінці кінців я спокійно біг підтюпцем по околицях.
5. Її волосся було каштановим, а очі — сповнені непевності.

WHILE READING

VI. Choose the correct option to complete the gaps:

1. Nora returned to Longyearbyen in _____.
2. Nora ordered _____ when they went for a dinner.
3. Nora came to _____ to see Hugo.
4. Hugo lied that he _____ during the breakfast.
5. Hugo's version of a Midnight Library was a _____.
6. _____ helped Hugo to choose the life version.
7. In his root life, Hugo was a _____.
8. In order to understand the reality, our brain tends to _____.

VII. Answer the questions:

1. Why was Nora shocked and scared after the meeting with the bear?
2. What was so special about Hugo?
3. Why was Schrödinger cat mentioned in the text?
4. Why did Nora see a library in her in-between, not any other place?

VIII. Analyse the passages and find contrast and metaphors (check the glossary at the end). Translate the passages into Ukrainian:

1. 'I have met others like us,' Hugo said. 'You see, I have been in the in-between state for a long time. I have encountered a few other sliders. That's what I call them. Us. We are sliders. We have a root life in which we are lying somewhere, unconscious, suspended between life and death, and then we arrive in a place. And it is always something different. A library, a video store, an art gallery, a casino, a restaurant . . . What does that tell you?'
2. 'Science tells us that the "grey zone" between life and death is a mysterious place. There is a singular point at which we are not one thing or another. Or rather we are both. Alive and dead. And in that moment between the two

binaries, sometimes, just sometimes, we turn ourselves into a Schrödinger's cat who may not only be alive or dead but may be every quantum possibility that exists in line with the universal wave function, including the possibility where we are chatting in a communal kitchen in Longyearbyen at one in the morning . . .'

3. Hugo, she concluded, was a strange person. For a man who had been so intimate and deep in his conversation, he was very detached from the moment. Maybe if you lived as many lives as he had, the only person you really had any kind of intimate relationship with was yourself. She felt like she might not have been there at all.

AFTER READING

IX. Look through the quotes? Do you agree with them?

1. The life of a human, according to the Scottish philosopher David Hume, was of no greater importance to the universe than that of an oyster.
2. 'Because you aren't the same person you were yesterday, are you?'
3. To be a human was to continually dumb the world down into an understandable story that keeps things simple.
4. Humans are fundamentally limited, generalising creatures, living on auto-pilot, who straighten out curved streets in their minds, which explains why they get lost all the time.
5. 'But you will never live if you are looking for the meaning of life,'

X. Read the quotes and answer the questions in groups:

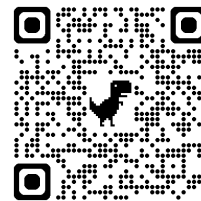
<p><i>She imagined, now, what it would be like to accept herself completely.</i></p> <ol style="list-style-type: none"> 1. Why do you think self-acceptance is so difficult for many people, even when others already value them? 2. Can self-acceptance coexist with the desire to grow or change? Or are they in conflict? 	<p><i>Minds can't see what they can't handle.</i></p> <ol style="list-style-type: none"> 1. What kinds of things do you think our minds "can't handle" right away? 2. Can you think of a time when you had to take small steps before you were ready to fully understand or accept something difficult?
<p><i>You are only limited by your imagination.</i></p> <ol style="list-style-type: none"> 1. Do you believe there are limits to imagination, or is it truly unlimited? Why? 2. How can you train or grow it to unlock more possibilities? 	<p><i>I may have not been sure about what really did interest me, but I was absolutely sure about what didn't.</i></p> <ol style="list-style-type: none"> 1. Why do you think it's sometimes easier to be certain about what we don't want rather than what we do want?

LESSON 11

God and Other Librarians, Fame, Milky Way, Wild and Free

BEFORE READING

I. Scan the QR-code and get to know the vocabulary.



II. Find the definitions to these words, using a dictionary. Then create sentences with them:

- | | |
|-----------------------|-------------------|
| 1. Perturbed | 7. Incredulous |
| 2. To dawn on someone | 8. Flipside |
| 3. Decisive | 9. Precarious |
| 4. Penetrating | 10. Presumably |
| 5. Startled | 11. An air of sth |
| 6. Encore | 12. To deject |

III. Choose the words from the previous task to complete the gaps:

1. He was _____, never hesitating when making tough choices.
2. There was an _____ of mystery around the old man in the coat.
3. I was _____ by the loud bang outside the window.
4. She looked _____, as if something was really bothering her.
5. It _____ me that I had forgotten her birthday.
6. The band came back for an _____, playing their most famous song.
7. The _____ of fame is losing your privacy.
8. She gave me an _____ look — she couldn't believe what I had said.

IV. Fill in the gaps using the words from Quizlet:

1. Even the best students _____ sometimes — it's part of learning.
2. They were _____ about in the hallway, laughing and making silly noises.
3. She pretended to know the answer, but she was just _____.
4. After a few minutes, the laughter finally _____.
5. I'm so _____ for the concert this weekend — can't wait!
6. He waved _____, clearly not interested in the conversation.

V. Translate into English using new vocabulary from Quizlet:

1. Він помилився, але замість того, щоб зіткнутись із проблемою, він просто посміхнувся зверхньо.
2. Що ти хочеш на вечерю? І будь точним — скажи точно, що саме.
3. Діти дуріли в саду, а потім їх довелося витирати рушником перед тим, як зайти в дім.

4. Він міцно тримав її руку, поки адреналін курсував по її венах.
5. Вони шепотілися, сміялись, і все це виглядало як спроба обдурити нас.
6. Вони скандували її ім'я, і зал вибухнув з неймовірною енергією.
7. Вона була повністю щаслива — і ще більше, бо отримала квитки на концерт.

WHILE READING

VI. Choose the correct option:

1. The full name of Mrs Elm is Louise Isabel / Louisa Bella.
2. If Nora dies in a root / in any version of her life, there is no way back.
3. The Book of Regrets became lighter / heavier with each Nora's transfer.
4. Her new life version started in calm / noisy atmosphere.
5. Nora was still performing in band with Ravi / Joe.
6. "Bridge Over Troubled Water" was / wasn't a song of The Labyrinths.
7. In this life Nora had a piercing / tattoo on her face.
8. Nora was also a friend with Izzy / Dan in this life version.
9. Nora was popular on Instagram / TikTok with 11.3 million of followers.
10. The idea to sing "Bridge Over ..." was criticized / praised afterwards.

VII. Answer the questions

1. What has changed in Nora's willingness to die?
2. What were her relationship with Ravi and Izzy in this life?
3. How did Nora feel in this new life version?

VIII. Analyse the passages, find similes and metaphors (check the glossary at the end). Translate the passages into Ukrainian:

1. Human beings when there's enough of them together acting in total unison become something else. The collective roar made her think of another kind of animal entirely. It was at first kind of threatening, as if she was Hercules facing the many-headed Hydra who wanted to kill him, but this was a roar of total support, and the power of it gave her a kind of strength.
2. And bloody hell, she looked amazing. Her naturally black hair had a kind of white stripe in it. Vampiric make-up. And a lip piercing. She did look tired but she supposed that was just a result of living on tour. It was a glamorous kind of tired. Like Billie Eilish's cool aunt.
3. So she stared out of the window as the coach drove along the four-lane highway. The glowing tail-lights of cars and lorries and motorbikes in the dark, like red and watching eyes. Distant skyscrapers with a few tiny squares of light against a humid backdrop of dark sky and darker clouds. A shadowy army of trees lined the sides and middle of the highway, splitting the traffic into two directions.

AFTER READING

IX. Why these phrases were mentioned in the text? Analyse them and answer the follow-up questions:

1. **It seems that you have spent all your life saying things that you aren't really thinking. This is one of your barriers.**
 - *Why do people sometimes say things they don't truly believe?*
 - *Do you think being honest always leads to better life or can it damage it?*
2. **She realised, in that moment, that she was capable of a lot more than she had known.**
 - *Have you ever surprised yourself by doing something you didn't think you could?*
 - *What usually helps people realise their hidden potential — pressure, encouragement, failure?*
3. **All good things are wild and free**
 - *What do you think "wild and free" really means in today's world?*
 - *Can something still be good if it's controlled or limited? Why or why not?*

X. Analyse the song that Nora was singing for an encore.

Why do you think she chose it? **What** kind of message is this song sending?

Who do you think it's meant for? **What** does the metaphor "bridge over troubled water" mean to you? **Which** line in the song struck you the most — and why?

*When you're weary
Feeling small
When tears are in your eyes
I will dry them all
I'm on your side*

*Oh, when times get rough
And friends just can't be found
Like a bridge over troubled water
I will lay me down
Like a bridge over troubled water
I will lay me down*

*When you're down and out
When you're on the street
When evening falls so hard
I will comfort you
I'll take your part*

*Oh, when darkness comes
And pain is all around
Like a bridge over troubled water
I will lay me down
Like a bridge over troubled water
I will lay me down*

*Sail on, silver girl
Sail on by
Your time has come to shine
All your dreams are on their way
See how they shine*

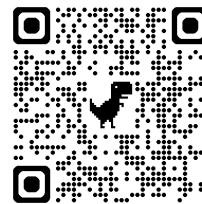
*Oh, if you need a friend
I'm sailing right behind
Like a bridge over troubled water
I will ease your mind
Like a bridge over troubled water
I will ease your mind*

LESSON 12

Ryan Bailey, *A Silver Tray of Honey Cakes*, *The Podcast of Revelations*, 'Howl'

BEFORE READING

I. Scan the QR-code and get to know the vocabulary.



II. Find the definitions to these words, using a dictionary. Then create sentences with them:

- | | |
|-----------------------------|---------------|
| 1. Opulent-looking | 6. Lavish |
| 2. Illegible | 7. To enthuse |
| 3. To be destined for sth | 8. Revelation |
| 4. To seize the opportunity | 9. Betrayal |
| 5. Whereabouts | 10. Queasy |

III. Choose the words from the previous task to complete the gaps:

1. His handwriting was so _____ that even the teacher couldn't figure it out.
2. Do you know her _____? She hasn't answered her phone all.
3. They threw a _____ wedding with fireworks, and a live orchestra.
4. She felt _____ after the boat ride — the waves had been so rough.
5. Telling her secret to others felt like a _____ of their trust.
6. Everyone said she was _____ success, even as a child — her talent was undeniable.
7. The _____ that her best friend had lied to her for months completely changed their relationship.

IV. Choose the correct option:

1. The hotel room was a spacious suite / feud with a view of the sea.
2. The forest trail looked completely untouched, with desperate / pristine snow covering the ground.
3. The child let out a loud burp / mourn and giggled.
4. The crystal hover / chandelier sparkled above the grand dining table.
5. As the camera slowly fiddled / panned across the room, the audience could see the elegant décor.

V. Translate into English using new vocabulary from Quizlet:

1. Вона була в розпачі й продовжувала емоційно розповідати про ситуацію.
2. Я не могла повірити своїм очам — я була вражена й приголомшена.
3. Вони завжди слідкують за ним, бо він поводить як справжній бунтар.

4. Під час серйозної розмови він постійно втручався і намагався щось полегодити в телефоні.
5. Її вільний стиль життя контрастував із суворими правилами, які їй нав'язували.
6. Це була абсолютна дурість, і вона гірко про це шкодувала.

WHILE READING

VI. Are these statements true or false?

- | | |
|---|------------|
| 1. Nora had an interview at <i>Jimmy Fallon</i> | true/false |
| 2. <i>Ryan Bailey</i> was Nora's ex | true/false |
| 3. The fans near the hotel were waiting for the whole band | true/false |
| 4. Nora wrote " <i>Beautiful Sky</i> " when she was at school | true/false |
| 5. Nora was the main songwriter in her band | true/false |
| 6. <i>Ryan</i> was stalking Nora after she dumped him | true/false |
| 7. One of her songs was Number 1 in 10 countries | true/false |
| 8. Nora was always praised and loved in this life | true/false |
| 9. Nora owned several houses in this life | true/false |

VII. Answer the questions:

1. Based on the conversation, what was Nora's relationship with Ryan?
2. How would you describe relationship between Nora and Joanna?
3. What happened with Nora's brother in this life?

VIII. Analyse the passages and find metaphors (check the glossary at the end of this textbook). Translate the passages into Ukrainian:

1. 'You've had so much shit to deal with these last few years. Stalkers, bad managers, the fake feuds, the court case, the copyright issues, the messy break-up with Ryan Bailey, the reception of the last album, rehab, that incident in Toronto . . . that time you collapsed from exhaustion in Paris, personal tragedy, drama drama drama. And all that media intrusion. Why do you think the press hate you so much?'
2. Nora began to feel a bit queasy. Was this what fame was like? Like a permanent bittersweet cocktail of worship and assault? It was no wonder so many famous people went off the rails when the rails veered in every direction. It was like being slapped and kissed at the same time.
3. 'There are patterns to life . . . Rhythms. It is so easy, while trapped in just the one life, to imagine that times of sadness or tragedy or failure or fear are a result of that particular existence. That it is a by-product of living a certain way, rather than simply living. I mean, it would have made things a lot easier if we understood there was no way of living that can immunise you against sadness. And that sadness is intrinsically part of the fabric of happiness. You can't have one without the other. Of course, they come in

different degrees and quantities. But there is no life where you can be in a state of sheer happiness forever. And imagining there is just breeds more unhappiness in the life you're in.

AFTER READING

IX. What do you think about these two quotes? Do you agree with them?

1. I read life. And life is a philosophy
2. You can have everything and feel nothing

X. Analyse Nora's song and answer the questions:

1. What do the “wolves” in the song represent?
2. Recalling questions at the podcast, why do you think Nora wrote this song and chose it for encores every time?
3. Which line stood out to you the most — and why?
4. If this song had a color, what would it be — and why?
5. Have you ever felt the need to “howl” — to let your feelings out in a raw, honest way?
6. Can creativity help us survive “the bad times”?

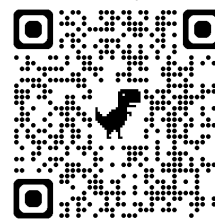
XI. Was Nora happy with her fame in this life? Discuss with your partner(s) what are the pros and cons of being famous.

Pros ✓	Cons ✗

LESSON 13

Love and Pain, Equidistance, Someone Else's Dream, A Gentle Life

BEFORE READING



I. Scan the QR-code and get to know the vocabulary.

II. Match the words to their definitions. Then create sentences with them:

<i>severe</i>	<i>in jeopardy</i>	<i>glorious</i>	<i>idiocy</i>	<i>oblivious</i>	<i>delirium</i>
<i>equidistant</i>	<i>burden</i>	<i>to sample</i>	<i>affable</i>	<i>compassion</i>	<i>cluttered</i>

- _____ - in danger of being damaged or destroyed
- _____ - friendly and easy to talk to
- _____ - very serious
- _____ - untidy, not organized, and covered with a lot of things
- _____ - sth difficult or unpleasant that you have to deal with
- _____ - not conscious of something that is happening around you
- _____ - a stupid action, or stupid behaviour
- _____ - things that have equal distances between them
- _____ - a feeling of sympathy/sadness for the suffering of others
- _____ - to experience, to try, to taste
- _____ - deserving great admiration, praise, and honour
- _____ - a state of being in fever or mental confusion

III. Use the words from the previous task to fill the gaps:

- He didn't realise he was in _____ until the car started sliding.
- After three days without sleep, he spoke in _____.
- The desk was placed _____ from the two windows.
- At the market, we got a chance to _____ exotic fruits.
- He showed deep _____ for the injured animal.
- The house was _____ with boxes and broken furniture.
- Jumping off the roof seemed like pure _____.
- The storm was so _____ that the trees fell across the road.

IV. Fill in the gaps with new vocabulary from Quizlet:

- It was a _____ period in her life — exams, a breakup, and moving house.
- We had an _____ party after class: no one had planned it, but it was fun.
- After a few drinks, he became clearly _____ and started singing loudly.
- The music slowly _____ into silence.
- The teacher gave him a _____ look, and he immediately stopped talking.
- He was _____ with fear as the dog barked at him.
- The cup _____ over, spilling coffee everywhere.

V. Translate the sentence using new words from Quizlet:

1. Чесно кажучи, вона не заслуговує на таке жорстоке ставлення.
2. Я був такий засмучений, коли не зміг проковтнути таблетку.
3. Він настільки довго сміявся, що почав кашляти, аж душа вилітала.
4. Попри всі шанси, вона виграла у цій жорсткій конкуренції.
5. Їхнє суперництво почалося ще в школі і триває досі.
6. Вона здалася після кількох спроб — надто складно.

WHILE READING

VI. Fill in the gaps with the correct information:

1. _____ wanted to stop the “travelling” to and from *the Library*.
2. Nora _____ to touch the books in the library on her own.
3. Joe was studying in _____ when Nora was 17 y.o.
4. *The Library* somehow transformed into _____ for a moment.
5. Some of the books have less _____ lives and Nora didn’t dream of them.
6. Before Nora chose a new life, she had _____ with Mrs. Elm.
7. Sally was a _____ at Nora’s work.
8. Dylan was _____.

VII. Answer the questions:

1. What happened when Nora refused to choose a new book/life?
2. Why did Nora swim in the river when she was 17? How did it end?
3. What relationship did Nora have with Joe in her root life?
4. What were Nora’s duties in her new life?

VIII. Analyse the passages and find allusions (check the glossary at the end of this textbook). Translate the passages into Ukrainian:

1. She remembered studying Aristotle as a first-year Philosophy student. And being a bit depressed by his idea that excellence was never an accident. That excellent outcomes were the result of ‘the wise choice of many alternatives’. And here she was, in the privileged position of being able to sample these many alternatives. It was a shortcut to wisdom and maybe a shortcut to happiness too. She saw it now not as a burden but a gift to be cherished.
2. At the beginning of a game, there are no variations. There is only one way to set up a board. There are nine million variations after the first six moves. And after eight moves there are two hundred and eighty-eight billion different positions. And those possibilities keep growing. There are more possible ways to play a game of chess than the amount of atoms in the observable universe. So it gets very messy. And there is no right way to play; there are many ways. In chess, as in life, possibility is the basis of everything. Every hope, every dream, every regret, every moment of living.

AFTER READING

IX. How these quotes were used in the text? How do you understand them?

1. It seems impossible to live without hurting people.
2. Life is always an act.
3. Every move you make opens a whole new world of possibility.
4. In chess, as in life, possibility is the basis of everything.
5. Nora wanted to live in a world where no cruelty existed, but the only worlds she had available to her were worlds with humans in them.
6. Compassion is the basis of morality.

X. Who said this phrase? Answer the questions with your partner(s):

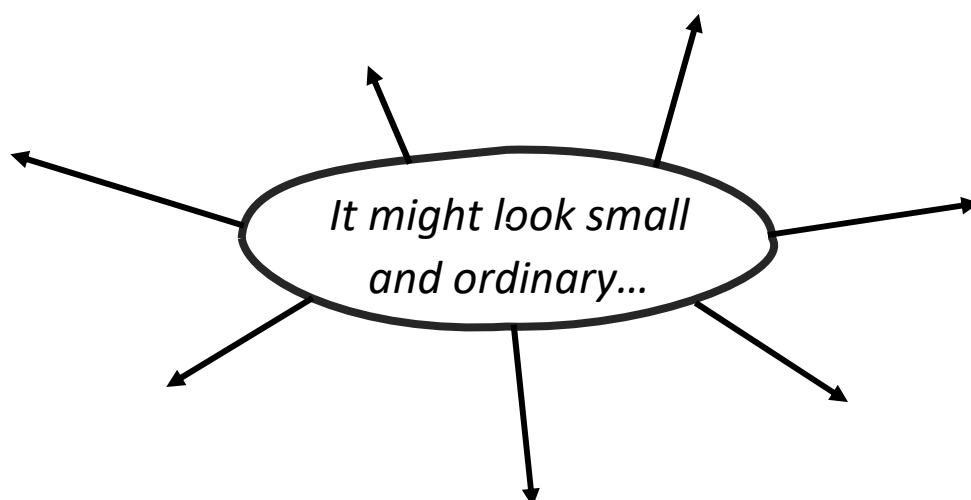
You might need to stop worrying about other people's approval.

1. How do you know when you're doing sth for yourself or for approval?
2. What does confidence mean to you? Can it exist without validation from others?
3. Is seeking approval always a bad thing? Can it ever be helpful or motivating?
4. What would change in your life if you cared a little less about being liked?

XI. Analyse this part:

It (pawn) might look small and ordinary but it isn't. Because a pawn is never just a pawn. *A pawn is a queen-in-waiting.* All you need to do is find a way to keep moving forward. One square after another. And you can get to the other side and unlock all kinds of power.

What are some small or ordinary things — habits, actions, objects, moments, or words — that might seem simple... but can have a powerful impact over time?

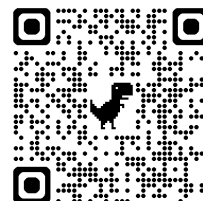


LESSON 14

Why Want Another Universe, Dinner with Dylan, Last Chance Saloon, Buena Vista Vineyard

BEFORE READING

I. Scan the QR-code and get to know the vocabulary.



II. Find the definitions to these words, using a dictionary. Then create sentences with them:

- | | |
|--------------|-------------------------|
| 1. Alas | 6. To be enamoured with |
| 2. Premises | 7. Gullible |
| 3. Flashback | 8. Fragrant |
| 4. Frail | 9. Uplifting |
| 5. To pry | 10. Constellation |

III. Choose the words from the previous task to complete the gaps:

1. No one is allowed on the school _____ after 6 PM.
2. The kitchen was filled with _____ spices.
3. She pointed out a _____ in the sky shaped like a lion.
4. His _____ hands trembled as he lifted the cup.
5. The smell of pine gave her a _____ to childhood winters.
6. _____, the cake was gone before I arrived.
7. She was completely _____ with the city's energy.
8. Stop trying to _____ into my private messages!

IV. Choose the correct option to fill in the gap:

1. The sofa in the corner was faded / garish, with its color barely visible.
2. I love that dress, but I simply can't afford to / presume to buy it right now.
3. She tried to reprimand / repress the memory, but it kept coming back.
4. The family owns a vineyard / terraced house in Tuscany where they make their own wine.
5. At the party, she continued to cultivate / swill expensive champagne.
6. There was no clear familiarity / justification for his sudden anger.
7. He looked like he was on the verge of / amid bursting into tears.
8. The dog began to gnaw on / cultivate a piece of old bone it found earlier.

V. Translate the sentences using the words from the Quizlet:

1. Її зачіска була занадто яскрава, зовсім незграбна/дивна для такої події.
2. Ймовірно, вона все ще десь ховається серед гостей.

3. Серед шуму й паніки він виглядав дуже розгублено.
4. Вона намагалася розвинути впевненість у собі через участь у дебатах.
5. Він жадібно пив вино поганої якості, хоча йому це зовсім не смакувало.
6. Вони почали торгувати прикрасами з бурштину, коли попит зріс.
7. Хоч вона й не приховувала свої емоції, вона була на межі нервового зриву.

WHILE READING

VI. Are these statements true or false?

- | | |
|--|------------|
| 1. <i>String Theory</i> was a successful shop in this life too | true/false |
| 2. Nora still played the piano in this life | true/false |
| 3. Dylan wanted to become a vet, but he didn't manage | true/false |
| 4. Dylan was in Chornobyl | true/false |
| 5. Nora was older than Dylan | true/false |
| 6. Mrs Elm was still alive in this life | true/false |
| 7. Dylan had one dog | true/false |
| 8. Next Nora's life was in America and she had a son | true/false |
| 9. Eduardo was really attentive to details | true/false |

VII. Answer the questions:

1. What was so special about the restaurant Nora visited with Dylan?
2. What exactly disappointed Nora in this life so she disappeared?
3. What was good and bad in life with Eduardo?

VIII. Analyse the passages and find metaphors (check the glossary at the end of this textbook). Translate the passages into Ukrainian:

1. Each life she had experienced had a different feeling, like different movements in a symphony, and this one felt quite bold and uplifting. Eduardo was incredibly sweet-natured, and their marriage seemed to be a successful one. Maybe even one to rival the life of the couple on the wine label of the bottle of ropey wine she'd drank with Dylan, while being licked by his astronomically large dog. She even remembered their names. Janine and Terence Thornton. She felt like she too was now living in a label on a bottle. She also looked like it. Perfect Californian hair and expensive-looking teeth, tanned and healthy despite the presumably quite substantial consumption of Syrah. She had the kind of flat, hard stomach that suggested hours of Pilates every week.
2. She had known three types of silence in relationships. There was passive-aggressive silence, obviously, there was the we-no-longer-have-anything-to-say silence, and then there was the silence that Eduardo and she seemed to have cultivated. The silence of not needing to talk. Of just being together, of together-being. The way you could be happily silent with yourself.

AFTER READING

IX. Who said this phrase? What do you think about it?

“Life is for living, cupcake.”

- *When was the last time you truly felt you were living and not just existing? What were you doing?*
- *Do you think modern life helps or hinders us from truly "living"? In what ways?*
- *If you turned this quote into a short motivational speech, what would you say after it?*

X. Do you agree with this quote? Why/why not?

“Never trust someone who is willingly rude to low-paid service staff”

- *Can rudeness ever be justified? If so, when (if ever)?*
- *If someone treats you well but others badly, can they still be considered a “good” person?*
- *Can you recall a time when you regretted how you spoke to someone?*
- *If someone is rude to service staff, is it a red flag?*

Think about your life and the relationships you have — not only romantic ones, but also friendships, family, classmates, or work connections. What are the dos and don'ts for you? Complete the table. Do you have anything in common?

<u>Green</u> <i>Flags in the relationship for me</i>	<u>Red</u> <i>Flags in the relationship for me</i>

LESSON 15

The Many Lives of Nora Seed, Lost in the Library, A Pearl in the Shell, The Game

BEFORE READING



I. Scan the QR-code and get to know the vocabulary.

II. Match the words to their definitions. Then create sentences with them:

<i>to end up doing sth</i>	<i>solitary</i>	<i>to toy with sth</i>	<i>rave</i>	<i>exultant</i>
<i>horrendous</i>	<i>fatigue</i>	<i>to crumble</i>	<i>perceive</i>	<i>contagious</i>

- _____ - to do something but not in a very serious way
- _____ - to finally be in a particular place or situation
- _____ - extreme tiredness
- _____ - extremely unpleasant or bad
- _____ - something spreads quickly among people
- _____ - to see something or someone, or to notice something
- _____ - to praise something very much
- _____ - extremely happy and pleased
- _____ - to break, or cause something to break, into small pieces
- _____ - being the only one, or not being with other similar things

III. Use the words from the previous task to fill the gaps:

- He lived a _____ life in a cabin, far from the city noise.
- He felt _____ after passing the final exam with top marks.
- After the long hike, she collapsed from sheer _____.
- She _____ with the idea of quitting her job, but wasn't sure yet.
- Her laughter was so _____ that the whole room joined in.
- She didn't plan to move abroad, but she _____ living in Spain for years.
- The traffic was _____ — we were stuck for three hours!
- His confidence started to _____ after so many rejections.

IV. Choose the **WRONG** option in these sentences:

- After the long race, she sat on the ground, completely...
 - out of breath
 - bedraggled
 - genteel
- The child's joke was absolutely...
 - hilarious
 - spindly
 - exultant
- After the marathon, she was exhausted and completely...

- a) flustered
 - b) fatigued
 - c) flatbread
4. We were stuck in traffic for hours, moving slower than a...
- a) loo
 - b) ferry
 - c) pendulum
5. Her shoes were muddy, her hair messy – she looked completely...
- a) bedraggled
 - b) lifeguard
 - c) creased

V. Translate the sentences using the words from the Quizlet:

1. Він виглядав розгубленим і був на межі зриву, коли говорив від імені всієї команди.
2. Парадоксально, але виступ був водночас геніальним і смішним.
3. Він був настільки п'яний, що обіймав усіх і виглядав карикатурно шляхетним.
4. Він був включений до списку фіналістів і викликав хвилю захоплення серед знайомих.

WHILE READING

VI. Fill in the gaps with the correct information:

1. In one of Nora's life she was a _____ in Paris.
2. In another life Nora knew _____ languages.
3. Nora also wrote a book _____ in one of her life versions.
4. Nora was a pianist in _____.
5. As a _____ Nora had 1,750,000 YouTube subscribers.
6. Nora was visiting Ukraine for _____.
7. _____ was Nora's husband in another life.
8. Nora's daughter was named _____ and the family lived in _____.
9. In that life Nora was a _____ at _____.
10. Nora's family had a _____ named Plato.

VII. Answer the questions:

1. What happened with the library every time Nora chose a book?
2. What did Nora feel when she met her daughter?
3. What was the point of playing *The Game*?

VIII. Analyse the passages and translate the passages into Ukrainian:

1. The girl was staring at her in a way no one had stared at her before. It was scary, the emotion. She had Nora's mouth. And that slightly lost look that people had sometimes attributed to her. She was beautiful and she was hers – or kind of hers – and she felt a swell of irrational love, a surge of it, and knew – if the library wasn't coming for her right now (and it wasn't) – that she had to get away.
2. It wasn't totally dark in the room. There was a sliver of light coming in from the hallway and there was a nearby streetlamp that meant a thin glow filtered through the dog-patterned curtains. She could see the squat rectangle that was Nora's bed. She could see the silhouette of a cuddly toy elephant on the floor. There were other toys too. It was a happily cluttered room.

AFTER READING

IX. When did these phrases appear in the text? What do you think about it?

1. That, she supposed, was the basis of depression as well as the difference between fear and despair. Fear was when you wandered into a cellar and worried that the door would close shut. Despair was when the door closed and locked behind you.
2. You can never run out of possibilities. But you can run out of wanting them.
3. 'I just don't understand life,' sulked Nora. 'You don't have to understand life. You just have to live it.'
4. In becoming everyone, you are becoming no one.
5. We only know what we perceive. Everything we experience is ultimately just our perception of it. "It's not what you look at that matters, it's what you see."
6. Kindness is a strong force

X. Analyse this quote. Is it about literal *glass ceiling*?

"In some lives she smashed through the glass ceiling and in some she just polished it." **Think about:**

<i>In which areas of life or society are women still limited or held back today?</i>	<i>Do you know any women who have "smashed the glass ceiling" there?</i>

LESSON 16

The Perfect Life, A Spiritual Quest, Hammersmith, Tricycle

BEFORE READING

I. Scan the QR-code and get to know the vocabulary.



II. Find the definitions to these words, using a dictionary. Then create sentences with them:

- | | |
|--------------------|----------------|
| 1. Delirious | 6. To broach |
| 2. To divine | 7. To guzzle |
| 3. On a sabbatical | 8. Pissed off |
| 4. Endorsement | 9. Ornate |
| 5. Frictionless | 10. To dismiss |

III. Choose the words from the previous task to complete the gaps:

1. She's on a _____ this year, writing a book in a cabin by the lake.
2. They _____ all the lemonade in five minutes — it was so hot outside.
3. After three days of fever, she was _____ and started talking to the lamp.
4. Thanks to the app, the payment process was completely _____.
5. She was _____ when he forgot their anniversary again.
6. The manager _____ the idea without even listening to the full plan.
7. He tried to _____ her mood from just one emoji.
8. He didn't know how to _____ the topic of quitting his job with his parents.

IV. Fill in the gaps using the words from the Quizlet:

1. They warmed their hands by the old _____ in the cottage.
2. An _____ was caught on the security camera climbing over the fence.
3. That museum is too _____ for me — I didn't understand half the art.
4. He _____ us out by talking about his surgery during dinner.
5. She gently touched the _____ that marked the start of motherhood.
6. The _____ teenager tripped over his own feet at the school dance.
7. What a _____ smell — is something burning?
8. The toddler rode her red _____ around the yard.

V. Translate the sentences using the vocabulary from the Quizlet:

1. Він був такий високий і незграбний, що коли увірвався на урок без стуку, усі вирішили, що він повний телепень.
2. У неї був нестерпний нежить, і вона шморгала носом так голосно, що навіть дерева в околицях здригалися.

3. Я не мав жодного нахилу до філософії, але ті високоінтелектуальні дебати біля каміну були захопливими.
4. Коли я побачила зловмисника у вікні, моя впевненість одразу похитнулася.
5. Після десяти хвилин уважного аналізу вона таки зачепила незручну тему.

WHILE READING

VI. Are these statements true or false?

- | | |
|--|------------|
| 1. Nora was planning a visit to a dentist in her new life. | true/false |
| 2. Nora was writing a book about her favourite philosopher. | true/false |
| 3. When Ash asked Nora out for a coffee, he bought a guitar. | true/false |
| 4. Ash could sing only "The Sound of Silence". | true/false |
| 5. Nora forgot about the Midnight Library already. | true/false |
| 6. Joe was married in this Nora's life. | true/false |
| 7. Nora's grandad died in a car accident in London. | true/false |
| 8. Nora felt as she didn't deserve this life. | true/false |

VII. Answer the questions:

1. What did Nora think about Ash in this version of her life?
2. What made Nora smile in Joe's house?
3. What strange things started to happen in Nora's new life?

VIII. Analyse the passages and find metaphors (check the glossary at the end of this textbook). Translate the passages into Ukrainian:

1. Occasionally she felt wisps of gentle depression float around her, for no real reason, but it wasn't comparable to how terrible she had felt in her root life, or indeed many of her other lives. It was like comparing a bit of a sniffle to pneumonia. When she thought about how bad she had felt the day she lost her job at String Theory, of the despair, of the lonely and desperate yearning to not exist, then this was nowhere near.
2. You could eat in the finest restaurants, you could partake in every sensual pleasure, you could sing on stage in São Paulo to twenty thousand people, you could soak up whole thunderstorms of applause, you could travel to the ends of the Earth, you could be followed by millions on the internet, you could win Olympic medals, but this was all meaningless without love.
3. And when she thought of her root life, the fundamental problem with it, the thing that had left her vulnerable, really, was the absence of love. Even her brother hadn't wanted her in that life. There had been no one, once Volts had died. She had loved no one, and no one had loved her back. She had been empty, her life had been empty, walking around, faking some kind of human

normality like a sentient mannequin of despair. Just the bare bones of getting through.

4. She sensed that, for all the perfection here, there was something wrong amid the rightness. And the thing that was wrong couldn't be fixed because the flaw was the rightness itself. Everything was right, and yet she hadn't earned this. She had joined the movie halfway. She had taken the book from the library, but truthfully, she didn't own it. She was watching her life as if from behind a window. She was, she began to feel, a fraud.

AFTER READING

IX. Analyse the saying and answer the follow-up questions:

...on a spiritual quest for a deeper connection with the universe...

- What kind of person says something like this? Adventurer? Dreamer? Someone running from a problem?
- Can you think of any characters from books/films who go on a “spiritual quest”? What were they hoping to find?
- What do people usually do in real life when they say they're “on a spiritual journey”? Is it about travel, self-care, nature, or something else?
- If you could take a week off to reconnect with life, where would you go and why?
- Do you think everyone needs a ‘spiritual quest’ at some point in life, or is it just a romantic idea from books and movies?

All or nothing

- Are you an “all or nothing” person when it comes to studying, working out, or hobbies? Can you give an example?
- Can “all or nothing” thinking be dangerous sometimes?
- Have you ever quit something just because it wasn't going perfectly? What happened?
- Is it better to try and fail than not to try at all?
- What's something in life where “all or nothing” does make sense? And where is it totally the wrong approach?

LESSON 17

No Longer Here, An Incident With the Police, A New Way of Seeing, The Flowers Have Water

BEFORE READING

I. Scan the QR-code and get to know the vocabulary.



II. Match the words to their definitions. Then create sentences with them:

<i>exasperated</i>	<i>pins and needles</i>	<i>to pacify</i>	<i>tantrum</i>	<i>garish</i>
<i>to marvel</i>	<i>nauseatingly</i>	<i>to pad</i>	<i>chirpily</i>	<i>chamber</i>

- _____ - to cause someone who is angry/upset to be calm
- _____ - a room or space in a machine, plant, or body
- _____ - when you feel slight sharp pains after not moving
- _____ - to walk without making a noise
- _____ - to show or experience great surprise or admiration
- _____ - a sudden period of uncontrolled anger like a young child's
- _____ - in a way that makes you feel as if you want to vomit
- _____ - in a happy and energetic way
- _____ - annoyed, especially when you can't solve a problem
- _____ - unpleasantly bright

III. Use the words from the previous task to fill the gaps:

- The toddler threw a loud _____ in the supermarket over a lollipop.
- Tourists stopped to _____ at the view from the mountain top.
- I sat cross-legged too long, and now my foot's full of _____!
- They entered a secret _____ behind the bookshelf, lit by candlelight.
- "Morning!" she said _____, clearly ignoring the gloomy Monday weather.
- She sighed, _____, after repeating the same instruction for the fifth time.
- He bought her ice cream to _____ her after the argument.
- They were _____ sweet to each other the whole date.
- His _____ neon suit made everyone at the wedding wince.
- She _____ around the house in bare feet.

IV. Choose the correct option to fill in the gap:

- After shouting for hours, he had a splitting ___ and had to lie down.
a) commotion
b) migraine
c) bravado
- There was so much ___ outside the courtroom that even the judge had to wait.
a) commotion

- b) quid
- c) tingles
- 3. Although she was insulted, she stayed completely __ and continued the conversation.
 - a) concealed
 - b) shabby
 - c) unfazed
- 4. His __ about not needing help disappeared quickly when he got lost.
 - a) bravado
 - b) walkie-talkie
 - c) migraine
- 5. Her jacket looked a bit __, but it had clearly been well-loved.
 - a) untapped
 - b) shabby
 - c) legitimate
- 6. The treasure had remained __ in the cave for centuries until the explorers found it.
 - a) blotched
 - b) refracted
 - c) untapped

V. Translate the sentences using the vocab from the Quizlet:

1. Вона залишалася незворушною попри шум і метушню навколо.
2. У нього знову почалась мігрень, але він продовжував працювати.
3. Її старе пальто виглядало поношеним, з великими плямами на рукавах.
4. Поліція наділа на нього наручники і забрала його рацію.
5. Будь ласка, слухай уважно — ми можемо почути кроки.

WHILE READING

VI. Fill in the gaps with the correct information:

1. Nora came to the care home to see _____ but met here _____, too.
2. Then Nora met Kerry-Anne with _____.
3. His student from the root life was accused of _____.
4. In the root life, Leo was doing well thanks to _____.
5. In her childhood, Nora and Joe was joking about _____.
6. Nora considered this life as _____ one.

VII. Answer the questions:

1. What happened with Mrs Elm in this version of Nora's life?
2. Why did Nora feel sad after seeing Leo?
3. Did Nora want to stay in this life?

VIII. Analyse the passages and translate them into Ukrainian:

1. She stared at her own window. She thought of herself in her root life, hovering between life and death in her bedroom – equidistant, as it were. And, for the first time, Nora worried about herself as if she was actually someone else. Not just another version of her, but a different actual person. As though finally, through all the experiences of life she now had, she had become someone who pitied her former self. Not in self-pity, because she was a different self now.
2. Nora felt herself weaken. Not just tingles and fuzziness but something stronger, a sense of plunging into nothingness, accompanied by a brief darkening of her vision. A feeling of another Nora right there in the wings, ready to pick up where this one left off. Her brain ready to fill in the gaps and have a perfectly legitimate reason to be on a day trip to Bedford, and to fill in every absence as if she was here the whole time.
3. Driving back to Cambridge cocooned in her expensive Audi, smelling almost nauseatingly of vinyl and plastic and other synthetic materials, weaving through busy traffic, the cars sliding by like forgotten lives, she was deeply wishing she had been able to see Mrs Elm, the real one, before she had died. It would have been good to have one last game of chess with her before she passed away. And she thought of poor Leo, sat in a small windowless cell at a Bedford police station, waiting for Doreen to come and collect him.

AFTER READING

IX. Answer the questions in groups:

1. Why did Nora like this life so much?
2. Why did she feel as she didn't deserve this version?
3. How did she feel about her root life while she was living in this version?
4. What might happen next in the Midnight Library?

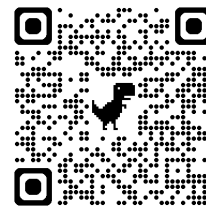
**X. Role-play: One of you is Nora, another student is Mrs. Elm.
Predict/Improvise a conversation that may happen in a Midnight Library after this Nora's life.**

LESSON 18

Nowhere to Land, Don't You Dare Give Up, Nora Seed!, Awakening, The Other Side of Despair

BEFORE READING

I. Scan the QR-code and get to know the vocabulary.



II. Find the definitions to these words, using a dictionary. Then create sentences with them:

- | | |
|------------------|----------------|
| 1. To wobble | 6. Hastily |
| 2. Fury | 7. Debris |
| 3. To ignite | 8. To scrabble |
| 4. To hunch down | 9. Remnant |
| 5. Untoward | 10. Defiant |

III. Choose the words from the previous task to complete the gaps:

1. One tiny spark was enough to _____ the dry leaves.
2. The last _____ of the cake was just one small crumb on the plate.
3. He _____ packed his bag and ran out the door, already late for school.
4. Nothing _____ happened at the party—it was all calm and friendly.
5. After the storm, broken branches and _____ covered the streets.
6. She _____ around in her purse, trying to find her keys in a panic.
7. The boy stood _____, refusing to apologize even after breaking the vase.
8. The chair leg was broken, so it _____ every time she sat down.

IV. Fill in the gaps using the words from the box:

dare	haze	ablaze	arrhythmic	hummed	intact	doused	gathered
------	------	--------	------------	--------	--------	--------	----------

1. His _____ heartbeat made the doctor look up in concern.
2. The market _____ with life, full of colors, shouting vendors, and laughter.
3. From her tone, I _____ she wasn't very happy about the surprise.
4. He _____ the campfire with water before going to bed.
5. A morning _____ covered the field, making everything look dreamlike.
6. The house was _____, lighting up the night sky.
7. Amazingly, the glass vase was still _____ after the fall.
8. Would you _____ to speak in front of 500 people?

V. Translate the sentences using the words from the Quizlet:

1. Ми знайшли лише обвуглені залишки його блокнота біля тріщини в стіні.

2. Мені здалось, що я бачив, як іскра рухається дугою перед тим, як все вибухнуло.
3. Він лежав на підлозі, корчився від болю, намагаючись стримати крик.
4. Нік не міг змиритися з тим, що його звичайні зусилля залишились посередніми.
5. Він припустив, що ця пляма на стелі — просто штукатурка.
6. Він кинув погляд у лікарняну палату, де лежали купи паперової роботи.

WHILE READING

VI. Choose the correct answer:

- | | |
|--|---------------------------------------|
| 1. Nora ... to the library | 5. Nora wrote ... in the book |
| a) wanted to return | a) a whole plan for a day |
| b) didn't care about returning | b) just one word |
| c) didn't want to return | c) only one sentence |
| 2. Nora begged Mrs Elm to... | 6. When she returned to life, Nora... |
| a) come back to life | a) was crying |
| b) try one more life with Ash | b) was laughing |
| c) to die completely | c) was throwing up |
| 3. A(n)...started in the library | 7. At the hospital, they checked... |
| a) earthquake | a) Nora's mental health |
| b) flood | b) Nora's blood pressure only |
| c) fire | c) Nora's guts and mouth |
| 4. Nora needed ... to get back to life | 8. After the examination, Nora... |
| a) The Book of Regrets | a) deleted her social profiles |
| b) Any random book | b) threw her phone |
| c) To write her own book | c) posted a new update |

VII. Answer the questions:

1. What happened after Nora had returned to *the Midnight Library*? Why Mrs Elm wasn't able to stop it?
2. Why did she go outside when she returned to her root life?
3. Why did Nora stay silent about her *Midnight Library*?

VIII. Analyse the passages and find anaphora (check the glossary at the end of this textbook). Translate the passages into Ukrainian:

1. 'It all makes sense. You came back here this time not because you wanted to die, but because you want to live. This library isn't falling down because it wants to kill you. It's falling down because it is giving you a chance to return. Something decisive has finally happened. You have decided you want to be alive. Now go on, live, while you still have the chance.'
2. So she stopped trying to think about what to write and, in sheer exasperation, just put down the first thing that came to her, the thing that she

felt inside her like a defiant silent roar that could overpower any external destruction. The one truth she had, a truth she was now proud of and pleased with, a truth she had not only come to terms with but welcomed openly, with every fiery molecule of her being. A truth that she scribbled hastily but firmly, pressing deep into the paper with the nib, in capital letters, in the first-person present tense.

AFTER READING

IX. How these phrases were used in the text? What do they mean to you?

1. ‘...The moment I walked in it, the entrance disappeared.’ ‘Then you have to find it again.’
2. She just needed potential. And she was nothing if not potential.
3. A truth that was the beginning and seed of everything possible. A former curse and a present blessing.
4. Life begins,’ Sartre once wrote, ‘on the other side of despair.’

X. Why did this poem appear in the text? Analyse and answer the questions.

*The sky grows dark
The black over blue
Yet the stars still dare
To shine for you*

- What kind of moment or situation does “the sky grows dark” describe? Can you give an example from life?
- Have you ever experienced a “dark sky” moment in your life when you still found a “star” to guide you?
- What could the “stars” be in real life? Can you think of something small that helped you feel better in a hard moment?
- What do you think it means to be a “star” for someone else? Have you ever been one?
- What would you say to someone going through a hard time, based on this quote?

LESSON 19

A Thing I Have Learned, Living Versus Understanding, The Volcano, How It Ends

BEFORE READING

I. Scan the QR-code and get to know the vocabulary.



II. Match the definitions to these words. Then create sentences with each of them:

- | | |
|---------------------|---|
| 1. Astutely | a) to enjoy something slowly and fully |
| 2. To shrivel | b) overwhelmed, flooded with too much of something |
| 3. To savour | c) to make something more exciting or interesting |
| 4. To oblige | d) to do something someone has asked or needs |
| 5. To muse | e) to be very skilled or good at something |
| 6. Exquisite | f) in a clever and quick way, showing good judgment. |
| 7. To spice up with | g) extremely beautiful or delicately made |
| 8. Radiant | h) shining brightly / showing strong happiness / love |
| 9. To be adept at | i) to think deeply or carefully about something |
| 10. Inundated | j) to become dry, wrinkled, or smaller |

III. Use the words from the previous task to fill the gaps:

1. He closed his eyes to _____ the last bite of chocolate cake.
2. The necklace was _____—delicate, sparkling, and perfectly designed.
3. The flowers _____ in the heat after days without water.
4. After posting the ad, we were _____ with emails in just an hour.
5. Mark is _____ at fixing old electronics—he even repaired my 90s radio!
6. They _____ up the party with games and surprise guests.
7. She asked for help with her suitcase, and he happily _____.

IV. Choose the correct option to fill in the gap:

1. When the speaker said he was once homeless, it was a vow/revelation.
2. The painting had a kaleidoscopic / grotty mix of colors that seemed to change.
3. I'll just nip out / pull up to the shop and be back in a minute!
4. His reaction was totally unsolicited / involuntary - he didn't even realize it.
5. Their advice was unsolicited / multifarious — I didn't ask for it at all.
6. They decided to leave the past behind — it was just ad infinitum / water under the bridge.
7. He's a complete vow / fool if he believes she'll forgive him so easily.

V. Translate the sentences using the words from the Quizlet:

1. Я не просив порад, але отримав купу непроханих повідомлень.
2. Він обіцяв ніколи не поводитися як дурень у публічних місцях.
3. Я тільки швидко вибіжу в магазин і повернуся за 10 хвилин.
4. Вона виявила себе надзвичайно вправною в крос-тренінгу та навіть почала навчати інших.
5. Переконати їх спробувати здорову їжу було складним завданням.
6. Вони говорили про це знову і знову, буквально до нескінченності.

WHILE READING

VI. Complete the sentences with the missing information:

1. Nora didn't want to _____ anymore.
2. The first visitor in the hospital was _____ and he bought Nora _____.
3. Izzy was thinking about _____ forever.
4. Nora reposted an article about _____.
5. Nora was amazed with the _____ near her house.
6. Doreen called to _____.
7. Nora visited Oak Leaf Care Home to see _____.

VII. Answer the questions:

1. What did Nora considered an easy thing to do in her post?
2. Why had Joe behaved so weirdly in Nora's root life before he arrived to her?
3. Why was Nora excited on her way home while talking to Joe?
4. What did Nora decide to do in her new root life?

VIII. Analyse the passages and find metaphors (check the glossary at the end of this textbook). Translate the passages into Ukrainian:

1. Of course, we can't visit every place or meet every person or do every job, yet most of what we'd feel in any life is still available. We don't have to play every game to know what winning feels like. We don't have to hear every piece of music in the world to understand music. We don't have to have tried every variety of grape from every vineyard to know the pleasure of wine. Love and laughter and fear and pain are universal currencies.
2. And it was different because she was alive, when she had so nearly been dead. And because that had been her choice. A choice to live. Because she had touched the vastness of life and within that vastness she had seen the possibility not only of what she could do, but also feel. There were other scales and other tunes. There was more to her than a flat line of mild to moderate depression, spiced up with occasional flourishes of despair. And that gave her hope, and even the sheer sentimental gratitude of being able to

be here, knowing she had the potential to enjoy watching radiant skies and mediocre Ryan Bailey comedies and be happy listening to music and conversation and the beat of her own heart.

AFTER READING

XI. Analyse these quotations and answer the questions:

1. Written By A Nobody Who Has Been Everybody

- *Why was Nora that hard on herself and considered her nobody?*
- *Can “being” nobody be sometimes an advantage?*

2. We don’t have to play every game to know what winning feels like.

- *Have you ever felt like you already know something important without doing it yourself? How does that change the way you approach new challenges?*
- *What does “winning” mean beyond just achieving a goal?*

3. We only need to be one person. We only need to feel one existence.

- *What do you think it means to “only need to be one person” in a world full of choices and possibilities?*

4. It was interesting, she mused to herself, how life sometimes simply gave you a whole new perspective by waiting around long enough for you to see it.

- *Can you think of a time when waiting or giving something time changed how you understood a situation?*
- *How can practicing patience make our everyday life more rewarding or less stressful?*

5. She could plant a forest inside herself.

- *How can we discover or grow the potential that’s inside each of us?*
- *Why is it important to believe that our strength and growth come from within, not just from outside approval?*

LESSON 20

Reflections

I. Answer the questions in groups:

1. Did the book meet your expectations?
2. What do you like the most and the least about the book?
3. How did you imagine Nora? Describe her.
4. Which version of Nora's life did you like the most? Why?
5. Why the last version of her life, the one with Ash and Molly, had such a profound impact on her?
6. Did you change your opinion about Nora throughout the book? When and why?
7. Which character stood out to you the most? What made them memorable?
8. Did the book change how you view second chances in life?
9. What lesson from the book will you try to remember in your own life?
10. Would you recommend this book? Why/why not?

II. Complete the gaps with your ideas:

1. My favourite moment in the book was when... because...
2. My least favourite moment in the book was when... because...
3. The thing I like about Nora is... because...
4. The thing I can't stand about Nora is... because...
5. A decision Nora made that I agreed with was... because...
6. A decision Nora made that I didn't agree with was... because...
7. The most memorable quote for me was... because...
8. ... are 3 adjectives that describe this book the best.
9. I consider this book ... because...
10. If I could change one thing in the story, it would be... because...
11. This book made me think about...
12. After reading the book, I felt... because...

III. Choose 1 topic and write a two/three-page essay:

1. "A Letter to Nora"

Write a letter to Nora, offering her advice, support, or sharing how her journey affected you personally.

2. "This Book Changed Something in Me"

Reflect on how **The Midnight Library** impacted your mindset, emotions, or perspective on life.

3. "The Power of Trying Again"

Explore the themes of second chances, trying even when it's hard, and being patient with life.

GLOSSARY

- **Alliteration** - the repetition of the initial consonant in two or more words: Peter Piper **p**icked a **p**eck of **p**ickled **p**epper, as **d**ead as a **d**oornail);
- **Allusion** - a writer or speaker refers to a person, place, event, or idea from history, literature, or culture to add depth and meaning to their work: “Achilles' heel” (a fatal weakness) or “Waterloo” (a decisive defeat);
- **Anaphora** - repetition of the same word at the beginning of successive clauses: ‘. . . **we shall fight** on the beaches, **we shall fight** on the landing grounds, **we shall fight** in the fields and in the streets, **we shall fight** in the hills; **we shall** never surrender.’ (Winston Churchill, June 1940);
- **Contrast** - differences between two ideas, characters, settings, or emotions: “Better to reign in **Hell**, than serve in **Heaven**.” (John Milton, Paradise Lost), “All animals are **equal**, but some animals are **more equal** than others.” (George Orwell, Animal Farm);
- **Metaphor** – when one field or domain of reference is carried over or mapped onto another on the basis of some perceived similarity between the two fields: “All **the world’s a stage**, and all **the men and women merely players**.” (As You Like It by William Shakespeare), “**He’s a wall**.” (Harry Potter and the Order of the Phoenix by J.K. Rowling (referring to Dumbledore’s emotional distance);
- **Personification** – when inanimate object, animate nonhuman, or abstract quality is given human attributes: a kind of metaphor: **the sun smiled**; “The **ship danced** over the waves, eager to return to Ithaca.” (Homer, The Odyssey)
- **Repetition** - words, phrases, or structures are repeated to emphasize an idea, create rhythm, or build emotion: “**Let it snow, let it snow, let it snow**.”, “This **beast** went to the well and **drank**, and the noise was in the **beast’s belly** like unto the questing of thirty couple hounds, but all the while the **beast drank** there was no noise in the **beast’s belly**” (Malory, Morte d’Arthur);
- **Similes** – when two concepts are imaginatively and descriptively compared: e.g. My love is **like** a red, red rose; **as white as** a sheet, etc. *Like* and *as (...as)* are the commonest connectives.

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Наукове видання

БАЗІВ М.М.

ГАВРИЛИШИН А.В.

ГАЛЯРНИК А.Я.

The Midnight Library (by Matt Haig). Student's book

Навчально-методичний посібник для домашнього читання англійською
мовою для студентів 1 курсу

Верстка та набір: Галярник А.Я.